



ST. JOSEPH'S
SCHOOL

HINDMARSH

FORTNIGHTLY Newsletter

Issue 13: 31 JULY 2019

come & try
BOOK NOW

Kindergarten

★ NEW DATES ★
29th Aug · 5th Sept
31st Oct 9.30am - 10.45am

Be curious & Explore our Preschool at St Joseph's

Principal's Tour

Tuesday 6 August at 9.30am

Diary Dates for Term 3

AUGUST

Tuesday 6th:	Principal's Tour
Wednesday 7th:	Cross Country
Thursday 8th:	St Mary MacKillop Feast Day Mass at 9am
Thursday 15th:	Assumption Mass
Tuesday 20th:	Blessing and Opening Ceremony of the MacKillop Centre of Learning
Wednesday 28th:	Fathers Day Stall
Thursday 29th:	Come & Try Preschool

SEPTEMBER

Friday 20th:	St Joseph's Festa
Monday 23rd:	Catholic Schools Music Festival
Thursday 26th:	Learning Journey

CONCERT DATE FOR 2019

FRIDAY 8 NOVEMBER.

MORE INFORMATION NEXT TERM

LEADERSHIP & OFFICE CONTACT DETAILS

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Dear Parents and Carers

Welcome back to school! Hoping you had a restful break. The students have shared some of the wonderful experiences they enjoyed in the holidays during classroom visits. You may have noticed the two transportable classrooms have been removed off site. I have been in negotiations with a landscaping company who are working with the school to transform this space – hopefully it won't be too long until we can all use this space again!

At assembly last week we discussed the importance of using the available spaces in a safe and co-operative manner.

The rules discussed are listed below so that you can discuss and reinforce this with your child(ren).

- Court is for basketball, netball and cricket only. No kicking of balls in this area as it is unsafe.
- Oval- Class rostered on is the only class to use any of the green area. They should be the only class to have a soccer ball during play.
- The court teacher will unlock the hall door at the beginning of each play, please wait in a single line for equipment to be distributed by Sport Captains. At the end of play, please place equipment back in the bins, or pass it to the Sport Captains.
- We will trial (until the end of Week 2), the hall being opened at lunch by the court teacher. This is a quiet area only, for board games, drawing etc.
- The Library is open for quiet reading and games on Monday, Tuesday, Wednesday and Friday at lunch.

We also **welcome** the following students to St Joseph's.

Year 5 Alexander Cini

Our New 3rd Term Receptions: Xavier Bui, Ruby Flavel, Freya Peek, Amelia Pine and Seth Sosnowski

Many of you may not be aware that Catholic Education South Australia has introduced a Term 3 intake for both school and preschool.

	PRESCHOOL	RECEPTION
1 st May 2015 – 30 th April 2016 (over one year)	TERM ONE 2020	TERM ONE 2021
1 st May 2016 – 31 st Oct 2016 (over 5 months)	THIRD TERM 2020	THIRD TERM 2021 (6 terms of Reception)
1 st May 2016 – 30 th April 2017 (over one year)	TERM ONE 2021	TERM ONE 2022
1 st May 2017-31 st Oct 2017 (over 5 months)	THIRD TERM 2021	THIRD TERM 2022 (6 terms of Reception)
1 st May 2017 – 30 th April 2018 (over one year)	TERM ONE 2022	TERM ONE 2023
1 st May 2018-31 st Oct 2018 (over 5 months)	THIRD TERM 2022	THIRD TERM 2023 (6 terms of Reception)
1 st May 2018 – 30 th April 2019 (over one year)	TERM ONE 2023	TERM ONE 2024
1 st May 2019-31 st Oct 2019 (over 5 months)	THIRD TERM 2023	THIRD TERM 2024 (6 terms of Reception)

It is wonderful to **welcome** the following children and their families to our Preschool.

Maria Banos

Christian Eleftheriou

Elliott Cini

Callan Gibb

Muhammad Ibrahim

Hamish Knights

Jaeger Thompson

Kaleb Yeman

2020 enrolments are being finalised this term.

If you have a child due to commence school next year or you know a family considering St Joseph's can you please ensure application forms have been lodged at the school office.

As we begin the new term, I include as a kindly reminder that if any issues arise involving your child (ren), please contact the class teacher in the first instance to discuss. It is not appropriate for parents to approach other children or parents. Members of the leadership team are also available to discuss any concerns. A flow chart is included for your information.

Parent Survey

As mentioned in the previous newsletter the annual parent survey will be conducted in the next few weeks. Information on how to access this survey is enclosed with this newsletter.

Your feedback is valued and needed to further develop the School's Strategic plan! You are requested to inform your child's class teacher as soon as you have completed the survey as they will be keeping a record, hoping to win the "pizza and icrecream" lunch for the first class to have 100% parent responses!

Social Media

I recently received some information regarding young adults use of social media. Whilst most social media platforms set 13 as the age when children can engage with apps like Facebook, Snap Chat, Instagram etc, there are **many** children at our school and in the wider community, who regularly use social media to interact and communicate with their peers.

Further research from the eSafety Commissioner (eSafety) reveals that many young people do not understand the impact of social media and the consequences of inappropriate posts.

For every victim, the experience is different, but often it causes anger, depression, anxiety and feelings of humiliation, and affects their families, social relationships, and overall wellbeing.

Experts suggest conversations about online safety should start in the home, as soon as we hand over devices to children, and be reinforced through their educational journey.

You may be aware that SBS is promoting a new series that is examining this topic. In partnership with eSafety, SBS has created resources aligned to themes explored in the series. Available through SBS's education portal, SBS Learn, the materials are designed to provide families, carers, teachers and the school community with conversation starters that help address image sharing and cyberbullying with young people, and promote safe and positive experiences online.

I am **not** endorsing the SBS series being promoted as I haven't seen it, nor am I suggesting you view this programme with children at this school, because it is targeted at young teens and adults, and concepts introduced are not appropriate for primary aged children, however it may be useful to visit the eSafety website to inform yourself as this is a very 'real' issue that families need to address.

The school is organising follow up conversations for our senior students to help them in managing their use of social media in a safe and socially responsible manner.



*This term we have many opportunities to celebrate
and showcase our wonderful school.*

Principal Tour

Mary MacKillop Feast Day Mass

Confirmation and First Communion Masses

Blessing and Opening Ceremony of the MacKillop Centre of Learning

Parent Workshop by Bill Hansberry

Book Week Celebrations

Come & Try in Preschool

Fathers's Day Stall

St Joseph's Festa!

Footy Day

Catholic Schools Music Festival

Learning Journey



Staff News

This week staff, the School Board and Students met *Mrs Jenny DeGilio* the Acting Principal who will be replacing me whilst I'm on Long Service Leave.

This term we **welcome** *Mrs Karyn Burlow* to St Joseph's. Karyn is the Finance Officer and is eager to get to know families and assist you with any of your financial questions.

Mrs Rose Caire is on sick leave for this term. Rose has had heart surgery to repair a valve. *Please keep Rose in your prayers for a speedy and full recovery.*

Kathleen Melis will be doing Jury service in August.

I look forward to seeing many of you at the *Official Blessing and Opening Ceremony* on 20 August.

We are looking for some help in regards to sewing and helping with plating and serving the meal following the Opening. Please see further notice further in the newsletter.

God Bless

Maria D'Aloia, Rita Garreffa and Helen Clark

St Joseph's School Leadership Team



Student Positive Resolution

When conflict arises between two parties

Issue Not Resolved

Solve it Yourself
Give the person an affective statement
(a teacher can support this)

Issue Resolved

Talk about it to:

- Friend
- Parent
- Teacher/Year Duty Teacher
- Participate in a Restorative Conversation

Issue Not Resolved

Issue Resolved

Speak to:

- Teacher/Ms D'Alola or a member of the Leadership Team
- Participate in a Restorative Conference

Issue Resolved

Meeting

- Between all concerned
- Negotiate action/behaviour management plan

- Negotiated action/behaviour plan abided by all
- Issue Resolved

Non Resolution
Further meeting/plan

Further meeting/plan

Issue Resolved

FLOW CHART

Resolution about an issue can be achieved at any stage within this process

ISSUE
(Issues between 2 or more parties)

To be discussed by parties involved

If no resolution, the issue(s) will be discussed by the relevant parties and the Deputy Principal and/or Principal

The process of reconciliation is of the utmost importance. Therefore, apologies may be sought from the infringing party(ies), in order for reconciliation to occur and issue(s) resolved.

If no resolution, then input from internal and external organizations will be sought, eg CEO

Action plans are to be constructed based on the recommendations of such organizations in an attempt to collaboratively resolve the issue(s). These action plans will be negotiated and constructed by the Deputy Principal, Principal and infringing parties (those who have been infringing upon), in consultation with support groups, eg CEO

Non-compliance of action plans by the relevant party(ies) may result in

- exclusion from school based activities, for a specified period.
- the discussion and possible implementation of legal options.



To respond to the PaCS at St Joseph's School in 2019,
Parents go to www.NSIPartnerships.com.au and
enter the code **SJH19P** in the Start Questionnaire field



Parent and Caregiver Survey (PaCS) – Parent Voice

You are invited to participate in a survey about your school's climate. Similar surveys will be administered to staff and students to enable us to capture a community snapshot.

All responses are confidential and will be used for school improvement purposes.

Completion of the survey is on a voluntary basis.

Your confidentiality

To protect your confidentiality all surveys are anonymous. All answers go directly to the National School Improvement Partnerships, where the results are analysed for your school. Answers from individual surveys will NOT be reported back to the school. Staff of the National School Improvement Partnerships staff are bound by a Code of Ethics and follow strict professional conduct.

Use of the data

National School Improvement Partnerships will report the results to the school in an aggregated format so that individuals cannot be identified. To enable drill-down reporting, the information provided to the school will contain data based on background information.

How to complete the survey

You will be asked whether you are completing the survey for an individual child or as a family. If the experiences of your children are similar, then responding once will suffice. If, however, your children are experiencing very different learning environments then you might want to answer separately for each child.

The survey contains statements about practices which could take place in this school. For each statement, you are asked to indicate how often the statement takes place.

There are no 'right' or 'wrong' answers. Your opinion is what is wanted.

Please be sure to answer all questions.

Some statements may be fairly similar to other statements. Don't worry about this. Simply give your opinion about all statements.

Please go to www.NSIPartnerships.com.au and enter the access code provided by your school.

If you require more information or have any questions, please contact the NSI Team.

Email: NSITeam@NSIpartnerships.com.au

Your time and consideration are much appreciated.

Religious Education News

Mini Vinnies

Mini Vinnies- Casual for a Can

On the last Friday of Term 2, Mini Vinnies held a Casual for a Can day, where students donated a can or similar item in exchange for the privilege to wear casual clothes. Mini Vinnies sorted the donated goods, which were donated to the Migrant and Refugee Centre on Port Road. As a school we collected 491 cans/items altogether. Thank you for your generous support.

Miss Clark delivered the cans in the holidays and they were greatly appreciated by all at the centre.

Aimee Giffen

Mini Vinnies Secretary



Term 3 Masses/Liturgies and Assemblies

Week	Class Masses/Liturgies	Assembly
2	5/6 Unit Mass Wednesday 9am	5TC
3	Whole School: St Mary of the Cross MacKillop (110 th Anniversary of her death). Thursday 8 th August	1/2 Classes
4	Whole School: Feast of the Assumption Thursday 15 th August (HOLY DAY of Obligation)	4C
5	Opening of new building Tuesday 20 th August	Bookweek
6	Year 3/4 unit Mass	No Assembly
7	5TC Mass- Chapel Wednesday 9am	Reception
8	1/2 Classes- Liturgy Wednesday 9am	Yr 5/6G & 6C
9	4C Mass- Chapel Wednesday 9am	Yr 3/4 unit
10	Reception- Liturgy Wednesday 9am	Admin

Sacramental Program

Please keep the following children in your prayers as they prepare to receive the Sacraments of Eucharist and Confirmation over the coming few weeks: Massimo C, Jordina F, Darius F, Alessandra A, Mia L, Victoria L, Molly R, Gianluca R, Leila V, Aaron Z.

Confirmation Celebrations will be held on the 14th and 16th August and First Eucharist on the 17th, 18th and 25th of August.

Mary MacKillop

The feast of St Mary of the Cross MacKillop falls next Thursday, August the 8th. In 1866, a young woman, Mary MacKillop, together with Fr Julian Tenison Woods, began the Sisters of St Joseph. Both Mary and Fr Julian saw the need to provide an education for children whose families were poor.

The first Josephite school was opened in a stable in the South Australian town of Penola in 1866. Over the years, the number of Sisters grew as did their schools. Schools were opened as the needs arose: in country towns, mining towns, cities. The Sisters also became involved in other areas of need including setting up a refuge for women in need and orphanages for children, visiting prisons and working with the sick.

Today the Sisters of St Joseph are involved in many areas of ministry in Australia, New Zealand, Peru and Cambodia. Mary MacKillop was canonized as Australia's first Saint in 2011. Our school celebrates 90 years on its present site as a proud Josephite school.

Mary MacKillop Prayer

Ever generous God,
You inspired Saint Mary MacKillop
To live her life faithful to the Gospel of Jesus Christ
and constant in bringing hope and encouragement
to those who were disheartened, lonely or needy.
With confidence in your generous providence
and through the intercession of Saint Mary MacKillop
We ask that you bless our St Joseph's Community with love.
We ask that our faith and hope be fired afresh by the Holy Spirit
so that we too, like Mary MacKillop, may live with courage, trust and openness.
Ever generous God hear our prayer.
We ask this through Jesus Christ. Amen.

Always remember to love one another. (Mary MacKillop 1888)



God Bless
Helen Clark
APRIM

PE News

Soccer 2018 Season

- Games recommenced after the break on Saturday 27th July.
- Please check the website for fixtures www.nwjsa.org.au

Basketball Term 3-4

Basketball games will commence on Tuesday 6th and Friday 9th of August at St Clair Recreational Centre. At the moment we have three year 4/5 teams participating. Please be aware that players MUST have registered for the new season which runs from Term 3-4. Players are now required to also register online with St Clair. If you think you may be interested please email cmor@sish.catholic.edu.au.

The link to games is <https://sportfix.net/stclairrecreationcentre>



SACPSSA Cross Country - 7th August

Our Yr 3-6 Cross Country Team has now been finalised. Trials are underway and students will be placed in the appropriate division based on trials in our PE lessons.

Kind Regards,

Cristian Morgado

PE Teacher

Blessing and Opening Information



St Joseph's Catholic School Hindmarsh
is celebrating the Official
Blessing & Opening
of the
**MacKillop
Centre of Learning**

Tuesday 20th August at 11am

Followed by a light meal & refreshments

RSVP | Monday 5th August

Can you help?

We are busy planning our Blessing and Opening and all plans are coming along nicely. We are in need of the following help from our wonderful community.

- **SEWER:** We are looking for people who can hem some fabric which will be used in our Liturgical dance. I am told it is easy sewing.
- **VOLUNTEERS TO HELP SERVE OR PLATE OUR FOOD FOR LUNCH BETWEEN 10-1.00PM**

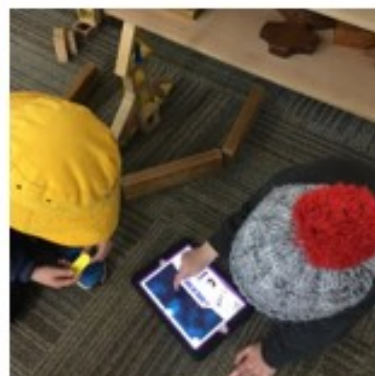
It doesn't have to be all of this time.

We would be grateful for just 1/2hour or 1 hour of your time.

If you are able to help can you please contact the office to let us know either by **phone** or **email us info@sjsh.catholic.edu.au**

THANK YOU IN ANTICIPATION OF YOUR HELP

Week 10 at Preschool July 2019



In the Ella play space App children can access an enhanced role-playing experience in a rocket ship. They sit at the rocket ship's dashboard and interact with everything from windscreen wipers to flying controls. Characters in space fly past, offering language and greetings. While re-visiting this activity, Fletcher created a rocket ship with the blocks and placed the polyglot characters in it.



Banana and cinnamon bread
Recipe 21228 Submitted by Marie
Serves 8
Prep: 15 minutes (plus cooling)
Cook: 1 hour
1 cup wholemeal self-raising flour
1 cup self-raising flour
1/2 teaspoon baking powder
1/2 cup brown sugar
2 teaspoons ground cinnamon
2 eggs, lightly beaten
1/2 cup vegetable oil
1/2 cup milk
2 large bananas, mashed
1/2 teaspoon cinnamon sugar
1 Preheat oven to 170°C/340°F fan-forced. Grease a 20cm-deep, 20cm x 25cm loaf pan. Line base and sides with baking paper, extending paper 2cm above edges of pan.
2 Sift flour and baking powder into a bowl, returning lumps to the bowl. Mix in sugar and cinnamon.
3 Whisk eggs, oil and milk in a jug. Add to flour mixture with banana. Mix to combine. Spread mixture into prepared pan. Sprinkle with cinnamon sugar.
4 Bake for 50 minutes to 1 hour or until a skewer inserted into centre.
5 Serve fresh or store in airtight tin.



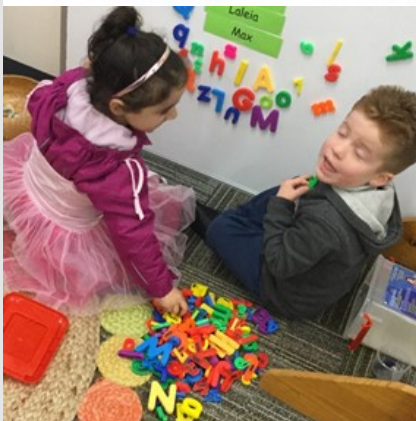
Mixing, stirring, mashing and pouring help develop fine motor skills and co-ordination and cooking provides the opportunity to strengthen the home-school connection in an authentic way. This week, we baked delicious cakes to farewell Seth, Ruby, Xavier, Freya and Amelia who are leaving us to begin their time in Reception.

What is happening in the Preschool?



This week we continued to explore mono print art.

The children printed Australian animals and used dot art techniques and designs to complete their work.



This week our third term intake of Preschool children joined us. It was a time to learn new routines, explore and get to know each other. Welcome to Callan, Elliott, Jaeger, Hamish, Kaleb, Maria, Christian and Ibrahim.

OVERSEAS BORN STUDENTS

If your child was born in a country other than Australia we are required to hold copies of current VISA's. If your resident status has changed to 'citizen' it is imperative that you provide us with copies of your Australian Passport and Citizen certificate.

Every August we are required to complete an Australian Government Census which includes reporting how many students attend our school who hold VISA's to determine eligibility to attend Government funded schools.

If your VISA has expired, conditions have changed or your status is now that of an Australian citizen please bring your original documents into the Office as a matter of priority so we can update our records. If our records are not current or we are unable to determine your eligibility to access Government funded schooling you may be charged the overseas full fee paying student rate per year.

We value
Exploration



7 - 12 Secondary College Tour

Tuesday 6 August, 9:30am

Enrolling now for Year 7 in 2022

www.nazareth.org.au





Upcoming Webinar

Creating 21st century rites of passage

Attend a webinar for parents at no cost

Our school has a membership with Parenting Ideas, one of Australia's most trusted sources of parenting education and support. Great news - through this membership, you can attend all of their webinars for parents in 2019 at no cost! Here is the information about the next upcoming webinar:

Creating 21st century rites of passage

In this webinar you'll develop clear guidelines and learn impactful strategies to support you to build strong healthy relationships with your children, bolster their independence and support them in their use of technology in these rapidly changing times.

When

Wednesday 28 August 2019 8:00pm AEST.

How you can register

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-creating-21st-century-rites-of-passage>
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the voucher code **rites** and click 'Apply Coupon'. Your discount of \$37 will be applied to the order. This voucher is valid until 28 September 2019.
5. Click 'Proceed to checkout'
6. Fill in your account details. These are the details you will use to login to your account and access your parenting material
7. Click 'Place Order'

Asking your child to sit still seems part and parcel with being a parent. As they wiggle their way around the couch, car, at the dinner table, at the movies or as they kick the seat of the passenger in front of them on the plane, bus or train, 99 percent of parents all around the world ask, "can't you just sit still?" While simultaneously apologising to whoever they have inadvertently hurt (or annoyed).

It turns out though the answer is, NO, they can't

The little wiggly worms and jumping beans are wiggly and jumping for an actual reason and according to research (and lots of it not only is it developmentally near impossible for primary school and pre-school aged children to sit still), it can actually have a negative impact on their learning.

Parenting educator, former teacher and author, Michael Grose says, "little kids aren't designed for sitting for long periods of time" and movement is actually an important part of their "brain development."

"Movement actually stimulates the brain at this age, it goes hand in hand," Grose told *Kidspot*. Anatomically, movement actually helps the brain to work. Because movement creates more oxygen and blood flow to the brain it creates more optimal function. It also releases chemicals that promote focus, memory, motivation and mood; all fundamental in the art of learning.

The first sensory systems to mature in humans are actually those in charge of the cerebellum (motor activity) and the vestibular (spatial orientation). Simply put, we are wired to learn by moving and interacting with our environment, not by sitting still.



Picture: iStock

Movement can help learning

Movement also assists primary school and pre-school aged children with learning because it engages more of the brain in the learning process, creating arousal or the "lighting up" of the brain says Grose. This allows learning to be more productive and for children to retain more information.

Movement can be a range of things from moving from one space to another in a classroom, going outside for a period of time, using blocks or other tangible objects that can be touched as a part of the learning, singing a song with matching movements or even a game of Simon Says. The use of "kinaesthetic learning or learning by movement engages children in learning and it makes sense to them," Grose explained.

According to a 2016 Paediatrics study : "Physical activity especially physical education, improves classroom behaviors and benefits several aspects of academic achievement, especially mathematics-related skills [and] reading."

"Learning isn't just from the classroom"

As we know learning isn't just from the classroom either, it is from the world around us so getting out and moving around can help us learn in whole new way and teach us a whole new set of things.

Not only does movement encourage effective learning it can also assist in reducing behavioural issues that impact learning because it "gets rid of the wriggles." Physical activity makes children less fidgety and more on task. So, when children do need to sit still and concentrate for a particular activity, like listening to a story, they can.

Playing or physical activity from walking, non-competitive ball games, stretching, a rough and tumble game of football, digging in a sand pit, negotiating the monkey bars or building a cubby house, is also learning and the importance of that should not be underestimated for many reasons, including biologically. Research shows that physical play allows children to make mistakes, handle stress, conflict resolution, social skills, emotional intelligence, it is also a proven elevator of mood.

An additional benefit of movement for learning is with children with additional needs, "particularly those on the Autism spectrum" Michael says. There is also evidence to show great benefit of movement to children who suffer from dyslexia with improvements in dexterity, reading and verbal communication.

So, with movement being so fundamental to children with a wide variety of needs and to their learning "switching things up" and "not having kids sitting for too long", as Grose encourages, is incredibly important even if the wiggly worms and jumping beans occasionally drive us a tad insane.

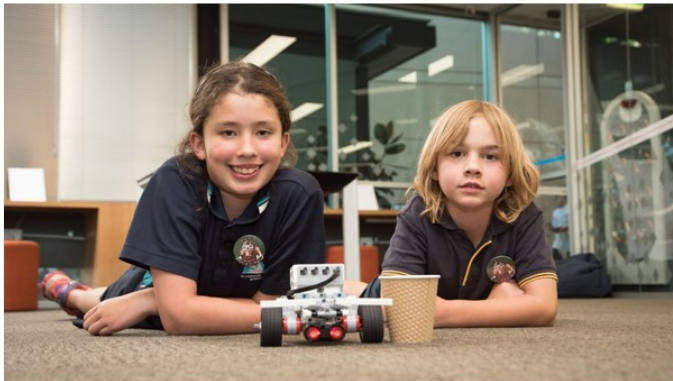
Imagine Inspire Ignite

at the Charles Sturt Libraries

We welcome you to join us this August as we celebrate a month long, fun-filled festival of learning that incorporates both National Science Week and Children's Book Week.

All events listed below are free, but bookings are necessary for each session via our online form at: www.charlessturt.sa.gov.au/ImagineInspireIgnite.

Bookings are due by **COB Friday 26 July**, and a follow-up email from a librarian will confirm your booking.



Advanced Robotics - The Mars Rover Mission

Celebrate space exploration with us at **10:00am-11:30am** at either our **Henley Beach** or **Civic Library**. You will work together in teams using your very own Lego Mindstorm robot and be able to program your robot rover on a mission to Mars and beyond. You'll be addicted!

Tuesday 6 August - Henley Beach Library
Tuesday 20 August - Civic Library

August

6, 20

Suitable for **Years 6-7**.



Little Bang Plus Science

We're getting hands-on during National Science Week with two sessions available at **10:30am**.

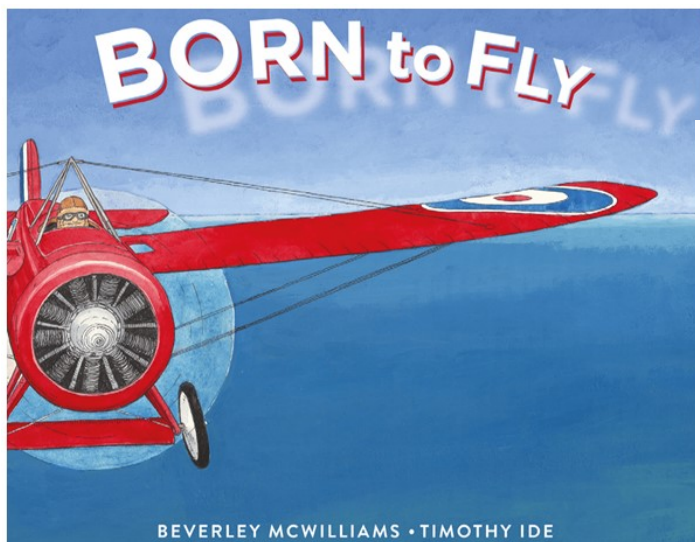
Your class will explore different types of chemical changes where compounds can combine to make something new.

Monday 12 August - Civic Library
Friday 16 August - Hindmarsh Library

August

12, 16

Suitable for **Kindergarten - Year 2**.
Maximum 1 class per session.



Beverley Williams - Born to Fly (Author Talk)

Join local author Beverley at the **Henley Beach Library** from **10:30-11:15am** as she reads her debut non-fiction picture book on the life of pioneer South Australian aviator Captain Harry Butler. Captain Butler had many connections to our local area and was especially remembered for his 'jetty jumping' at Henley Beach.

After the reading your group will also have the chance to make their own paper plane.

August

13

Suitable for **Years 1-3**.



Storytime in Book Week

To celebrate 2019 Children's Book Week, bring your group to our special Storytime at **10:30am** on one of the dates and locations listed. We'll read some of the shortlisted books, sing songs and make a craft.

Monday 19 August - Hindmarsh Library
Tuesday 20 August - Findon Library
Thursday 22 August - Henley Beach Library

August

19, 20, 22

Suitable for **Kindergartens and Child Care Centres**.
Maximum 1 class per session.

save more
for your family's
Christmas
and we'll have a
bonus gift
for you too!

\$50 CASH BACK*

To supercharge your savings for Christmas, and enjoy a **\$50 cashback...**

- Step 1 -

Open a Credit Union SA Netsave Account at creditunionsa.com.au/scr-christmas

- Step 2 -

Enter the promo code SCR on the *Personal details* section of the online form.

- Step 3 -

Have at least \$200 in your Netsave Account by **1 November 2019** (scheduling monthly deposits of \$50 should do the trick!)

To top it off, you'll be helping to give back to your nominated school through the *School Community Rewards* program, which provides a regular financial benefit just for you banking with Credit Union SA.

Terms & conditions apply - see creditunionsa.com.au/competitions

*School
Community
Rewards*

credit
unionsa

* To be eligible for a \$50 account credit you must join Credit Union SA and open a new Netsave Account from 24/5/19 to 30/7/19 and have a minimum balance of \$200 in their Netsave Account before 11:59pm (ACST) on 1/11/19. Offer limited to South Australian residents aged 18 years and older. Limit one (1) cashback per person. Joint accounts limited to one (1) cashback per account. Please read the terms and conditions at creditunionsa.com.au before making a decision and consider whether the product is suitable for you. The offer is current as at 24/5/19 and is subject to change at any time. All members of the school community must consider their own circumstances and obtain their own advice before joining School Community Rewards. The school takes no responsibility for any advice or product provided by Credit Union SA Ltd. This information is general in nature and doesn't take into account your own personal circumstances. It is important for you to consider the terms and conditions before acquiring any of our products or services to help you decide whether they are suitable for you. Conditions and fees apply. Credit Union SA Ltd, ABN 36 087 651 232, AFSL Australian Credit Licence 241066, Credit Union SA Centre, Level 3, 400 King William Street, Adelaide SA 5000 GPO Box 699 Adelaide SA 5001. SCR_190508

ST MARY'S COLLEGE
EST. 1868

150 YEARS OF EMPOWERING YOUNG WOMEN

ST MARY'S COLLEGE INVITES YOU TO

COME 'N TRY!

Current Year 5 & 6 students are invited to spend the day as a St Mary's College student.

Friday 16 Aug or Thursday 19 Sept 2019
9:30am - 2:30pm
(for 2020 & 2021 Year 7 students)

Experience lessons and a tour of the school.
Lunch provided.

Register your attendance via:
stmaryscollege.catholic.edu.au/upcomingevents

For queries contact Deputy Principal Lorna Starrs:
phone 8216 5773 or email lstars@stmaryscollege.catholic.edu.au



OLSH
OUR LADY OF THE SACRED HEART COLLEGE

COLLEGE TOURS

Last Tuesday of every month
9:30am & 5:30pm

To register, visit: olsh.catholic.edu.au
or phone 8269 8800 to request a tour

A Girls Secondary Catholic College from Year 7 - 12
496 Regency Road, Enfield SA 5085
Phone: 8269 8800 Web: olsh.catholic.edu.au

For All Girls

ST JOSEPH'S TUCKSHOP MENU AND PRICE LIST 2019 – TERM 2

AVAILABLE EVERY DAY:

CHICKEN NUGGETS:*

5 Chicken Nuggets \$4.00
 Extra nuggets 80 cents each



CRUNCHY CRUMBED FISH:*

Plain \$3.50
 In Hot Dog roll/Wrap \$4.50
 with salad \$5.00
 Sauce/Mayo 20 cents each



SIDES:

Can be ordered separately or as a nuggets/fish combo

Salad cup \$1.00
 (Carrot, cucumber, tomato)
 Dinner roll \$1.00
 Corn Cobette \$1.20

HAMBURGERS:*

Beef Burger (home made) \$3.50
PLUS salad \$4.50
 Cheese 50 cents
 Sauce/mayo 20 cents



PASTA SPECIAL:*

Beef Lasagne (home made) \$4.00



PIZZA:*

Pizza (whole) \$4.00
 Pizza (half) \$2.50



Ham & Pineapple, Supreme, Veg.

SANDWICHES, ROLLS & WRAPS:

(White or wholemeal bread)

Plain, buttered \$1.50

Please add **50 cents** extra for a roll/wrap
 Please add **50cents** extra for toasted.

Please list fillings of your choice: (50 cents per filling)

cheese	ham,	tomato
vegemite	roast chicken	lettuce
strawberry jam	tuna	cucumber,
	avocado	carrot

Mayo, mustard 20c each

DRINKS AVAILABLE ALL DAY

Bottled Water \$1.20
 Juice (250ml) Apple/Apple & Blackcurrant/Orange \$2.00
 Moo Chocolate/ Strawberry Milk (200ml) \$2.00
 Up & Go Vanilla (250ml) \$2.20
 V8 Tropical \$2.20

PLEASE NOTE:

Cutlery will only be provided free with canteen food purchases, otherwise there will be a charge of **10cents/item**. Thank you.

*Nutrition breakdown can be found on the school website.

ST JOSEPH'S TUCKSHOP MENU AND PRICE LIST

2019

DAILY SPECIALS:

(Term 2)

MONDAY

Hot Dog (whole)	\$3.50
Hot Dog (half)	\$2.50
Cheese	50 cents
Tomato/BBQ sauce/Mustard	20 cents

NEW!

Hot Chicken Rolls	\$3.50
Coleslaw	\$1.00
Cheese	50 cents

TUESDAY

Cheesy Vegetable Slice	\$3.50
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WEDNESDAY

Nacho Cups	\$2.00
(wholemeal tortilla chips with vegetarian sauce and melted cheese)	

THURSDAY

Sushi	\$3.50
Teriyaki Chicken/Tuna/Veg.	
Soy Sauce	20cents

FRIDAY

Cup of Fries (thick cut)	\$3.00
Tomato sauce	20 cents
Sweet chilli mayo	50 cents
Melted cheese	50 cents

CUPCAKE TUESDAY - lunchtime only 50cents/cake