



**ST. JOSEPH'S
SCHOOL**

HINDMARSH

FORTNIGHTLY Newsletter

Issue 11: 19th JUNE 2019



IMAGINE • DISCOVER • CREATE • ACHIEVE

DIARY DATES FOR TERM 2

Week 8

- 20 June: Come & Try our Preschool
- 21 June: Orientation for Term 3 Reception students

Week 9

- 26 June : School Board Meeting
- 26 June: Cultural Week Liturgy and Celebrations
- 28 June : Feast of the Sacred Heart
- Cultural Day and Dinner
- Orientation for Term 3 Reception students
- Saturday 29: Parish Event – Farewell Fr Bill and Missionaries of the Sacred Heart



On the last day of this term, children have the option to wear 'CASUAL FOR CAN'. If children choose to wear casual, we ask that they donate a can of food. Posters will be on display, showing appropriate cans to donate. Mini Vinnies will launch this appeal at Friday's Assembly.

Week 10

- 3 July Whole School Liturgy hosted by 3TDP
- 4 July Learning Journey
- 5 July End of Term 2 at 12.30pm
OSHC available

TERM 3

Week 1

- 22 July Staff Formation Day
OSHC available

CONCERT DATE FOR 2019

FRIDAY 8 NOVEMBER.

MORE INFORMATION NEXT TERM

LEADERSHIP & OFFICE CONTACT DETAILS

Maria D'Aloia

mdaloia@sjsh.catholic.edu.au

Helen Clark

hclark@sjsh.catholic.edu.au

OFFICE: 8346 6569

OHSC: 0408 B809 107

info@sjsh.catholic.edu.au

www.sjsh.catholic.edu.au

Rita Garreffa

rgar@sjsh.catholic.edu.au

56 Albemarle Street, West Hindmarsh 5007

Dear Parents and Carers

The term is speeding along at such a fast pace! Last week I had the privilege of joining the senior students and staff at Mylor Baptist Camp. The enthusiasm and excitement was contagious and helped to detract from the cold and wintry weather!!!

On Monday some students attended the Athletics Carnival and today we celebrated a School Mass to farewell Father Bill. It was a true testament of the respect and esteem that Father Bill is held in by the children and staff – Fr Bill will be truly missed.

I have also enjoyed reading all the student reports. All students have set goals for Semester 1 and it will be important that you read your child's report with them to celebrate what they have achieved and to establish new goals for the remainder of the year.



C = CELEBRATE

Redevelopment Update

We are still in negotiation with the local council regarding the demolition approval of the houses on Bertie Street.

Preparation work is underway to dismantle and remove the transportable classrooms from our site. Unfortunately, the landscaping company is unable to complete the landscaping during the school holidays and therefore this area will remain 'off limits' until the work can be undertaken.

Pavers

You are invited to purchase a paver that will be laid in this area. Pavers can be ordered on the order form enclosed with this newsletter. Today we are also sending out a hard copy form to the eldest in each family.

Official Blessing and Opening Ceremony

I am in the process of finalising the date for the Official Blessing and Opening ceremony of our new building with Catholic Education Office. As part of this ceremony each of the buildings in our school will be named.

These include:

- the current administration block that accommodates the parish office and chapel
- the existing 1929 building which currently accommodates the early years classes
- the hall, incorporating preschool and soon OHSC
- the new building that accommodates the piazza, mezzanine, library, Year 3 and 4 classes and the Senior years.

The School Board have discussed what names should be considered. With the Missionaries of the Sacred Heart leaving our school and parish it was suggested that **CHEVALIER** - Named after Fr Jules Chevalier who founded the order of Missionaries of the Sacred Heart, would be a good choice as it would ensure that the 'heart' spirituality would continue to be acknowledged going forward.

MACKILLOP - the first Australian Saint, who began the order of the Sisters of St Joseph, who is also known as St Mary of the Cross is an obvious choice to acknowledge our foundress.

Do you have any suggestions for the other buildings? The SRC and Staff have also discussed other possibilities. Please email all suggestions to info@sjsh.catholic.edu.au by the end of this term.

Suggestions will be collated and included on an online voting slip for the community to consider early next term in preparation for the Opening and Blessing ceremony.

Staff News

During the past week interviews have been conducted to select a new Finance Officer as Dawn prepares to retire at the end of this term. I am delighted to announce that Ms Karyn Burlow has been appointed to the position commencing next term. Karyn is currently the Bursar at St Joseph's School Ottoway. I am particularly grateful to Richard Ellerman and Craig Costello from the School Board and John Darmody from the CEO who joined me on the selection panel. Your input and support is greatly appreciated and valued. THANK YOU!

Please join us to farewell and demonstrate our love and appreciation to Dawn for 33 years service to this community at the Liturgy on Wednesday 3rd July at 9.00am in the School Hall.

I am also delighted to announce that Ms Rita Campbell has been appointed to the position of Acting APRIM for the remainder of the year at St Francis Xavier School, Wynn Vale. Rita will continue to teach Italian at St Joseph's until a replacement Italian teacher is appointed. Please join me in congratulating Rita on this leadership appointment.

Parent Workshop— **STEM** WORKSHOP Wednesday 24 July (Week 1)

SCIENCE + TECHNOLOGY + ENGINEERING + MATHS

As outlined in the School Improvement Plan teachers will be participating in a series of Professional Learning workshops focussing on STEM. As many parents have mentioned they are interested in gaining more information about STEM, a workshop has been arranged on Wednesday 24 July – TERM 3 – WEEK 1!

Ms Kate Dilger, **Executive and Education Officer from South Australian Science Teachers Association** will facilitate this interactive and FUN workshop! Can you please RSVP by the end of next week of your attendance? A creche will be available.

I look forward to seeing you at the Cultural Day Assembly on Wednesday 26 June in the hall and on Thursday 4 July at the Learning Journey's in the class room.

God Bless

Maria D'Aloia and the Leadership Team



**PARENT
WORKSHOP**
24 July 2019

RSVP: 26th June

I/We would like to attend the STEM PARENT WORKSHOP on Wednesday 24th July at 6.30pm

Yes I would like to have my child/ren booked into the creche.

Please list names and ages of children requiring the creche:

DESIGN A BRICK TO CREATE A LASTING MEMORY




ST. JOSEPH'S
SCHOOL

HINDMARSH

FUNDRAISING FOR A BETTER FUTURE

We are inviting our families to be part of a unique opportunity to become involved in the redevelopment of the school grounds.

As the plan of the school grounds is still a work in progress it is envisaged that the majority of the brick pavers will be placed in the area where the transportables are currently located. The cost of each brick paver is \$30.00. *Orders and money need to be returned to the school office by Thursday 4th July 2019.*



OLIVIA
GOMES-VIEIRA

YOUR DONATION OF \$30.00 PROVIDES YOU WITH A PERSONALISED ENGRAVED PAVER WHICH WILL BE PLACED IN THE SCHOOL GROUNDS IN RECOGNITION OF YOUR CONTRIBUTION AND SUPPORT.

OFFER CLOSSES THURSDAY 4TH JULY 2019

ENGRAVING DETAILS – MAX 17 CHARACTERS PER LINE

Please print clearly using ALL CAPITAL LETTERS. Max 3 lines per paver.
Each box represents a character (letter, number, punctuation mark or space). No hand drawings.

L 1	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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CONTACT DETAILS AND PAYMENT OPTIONS :

Name	Phone	Donation Amount
<input type="text"/>	<input type="text"/>	\$ <input type="text"/>

Payment Options (please circle) : CASH CARD

Credit Card Payments Option : Credit Card Type (please circle) Visa / Master Card

Name on Credit Card :

Credit Card Number	Expiry Date	CRC Number
<input type="text"/>	<input type="text"/> / <input type="text"/>	<input type="text"/>

Religious Education News

Mini Vinnies

Winter Appeal

St Vincent de Paul Winter Appeal bins arrived this week. One is located in the downstairs break-out space, the other is in the office foyer. Please see posters for what items are suitable for donation.

Sacraments

Last night our Sacramental students continued their journey, meeting with their parents and parish sacramental team members to begin preparations for receiving Confirmation and Communion. They will meet again in Term 3 on the 30th July.

Refugee Week

This week we commemorate Refugee Week, this will be the theme of Friday's assembly.

2019 Theme – 'A world of stories'

Refugee Week provides an opportunity to celebrate the immense courage, resilience and valuable contributions made by refugees to Australian society. For many Australians Refugee Week provides an opportunity to meet a refugee for the first time. Storytelling provides a great way to do this.

Every refugee seeking safety brings their own story of why they left home, their journey and in some cases finding safety in Australia. The sharing of stories is an opportunity to not only remember and honour their journey but also to educate the Australian community to better understand the courage and contribution that refugees make.

<https://www.refugeeweek.org.au/about/>

At Friday's Assembly, Mary Ireland from the St Vincent de Paul Migrant and Refugee Centre in Hindmarsh will deliver a short presentation on how the centre supports migrant and refugee families.

Jayne Short from St Vincent de Paul visited the Year 5/6s classes during Refugee Week to work with students in areas of Social Justice and to develop an understanding of what life is like for struggling families.



On the last day of this term, children have the option to wear 'casual for can'. If children choose to wear casual, we ask that they donate a can of food. Posters will be on display, showing appropriate cans to donate. Mini Vinnies will launch this appeal at Friday's Assembly.

Upcoming Masses and Liturgies

- Week 9, Wednesday 26th June- Cultural Week Liturgy and Celebrations
- Week 9, Friday 28th June- Year 6 to attend combined schools Mass to celebrate the Feast of the Sacred Heart.
- Week 10, Wednesday 3rd July- Whole School Liturgy and farewell to Mrs Dawn Saleeba- Hosted by 3TDP

God Bless

Helen Clark

APRIM



Prayer for Refugees

God, no one is a stranger to you

And no one is ever far from your loving care.

In your kindness watch over migrants, refugees and asylum seekers,

Those separated from their loved ones,

Those who are lost

and those who have been exiled from their homes.

Bring them safely to the place where they long to be,

And help us always to show your kindness to strangers

and those in need.

We ask this through Christ our Lord, who too was a refugee and migrant

who travelled to another land Searching for a home.

Rite of Farewell to our MSC Leadership



**SACRED HEART PARISH
HINDMARSH-FINDON**

**RITE OF FAREWELL
TO OUR MSC LEADERSHIP**

VIGIL MASS AND DINNER

Sat 29 June 2019 - 5pm

Sacred Heart Church, Hindmarsh

The Sacred Heart Hindmarsh-Findon Parish

Extends a warm Invitation to you

TO JOIN US IN COMMEMORATING

105 Years of Ministry in our Parish

of the **Missionaries of the Sacred Heart**

on **Saturday 29 June 2019**

***Mass of Thanksgiving* 5.00pm**

Sacred Heart Church 252 Port Road Hindmarsh

Followed by

***Celebration Dinner* 6:45pm**

Nazareth Catholic College Primary-Gym

176 Crittenden Road, Findon.

Dinner Tickets may now be purchased directly

via the following link by Friday 14 June 2019 <https://www.trybooking.com/BCVOS>

Dinner tickets are \$20 per Adult

\$10 per Child under the age of 12 Years

(A booking fee of 50cents per ticket applies)

BYO Drinks Enquiries to Parish Office 08 8346 3901

or email: shparish@sjsh.catholic.edu.au

OSHC AND VACATION CARE NEWS

Forms for End of Term, Staff Formation Day and Vacation Care are available on the school's website and OSHC centre.

Please ensure all forms are returned by Tuesday 2nd July to enable the organisation of appropriate staffing.

END OF TERM 1: FRIDAY 5TH JULY – SCHOOL FINISHES AT 12.30PM

Friday 5th July, 2019 School will finish at 12.30pm. If you require OSHC please fill in booking sheet by Tuesday 2nd July. COST \$25

A BOOKING DEPOSIT OF \$10 PER CHILD IS REQUIRED TO CONFIRM YOUR BOOKING. Lunch and Afternoon Snacks will be provided.

STAFF FORMATION DAY (School Closure)

Monday July 22nd first day back of Term 3 will be a Staff Formation Day. If you require OSHC for your Child please fill in booking sheet by Tuesday 2nd July. COST \$50

A booking deposit of \$10 per child to confirm your booking. Morning, afternoon and lunch will be provided.

VACATION CARE

July Vacation Care Forms available for holidays July 8th to July 19th. Bookings will only be accepted when forms completed and a deposit of \$20 per day per child.

All bookings to be completed by Tuesday 2nd July.

*******PLEASE NOTE NO LATE BOOKINGS ACCEPTED*******

Any queries please contact me or come in and see me

Mirca Bray

OSHC Director

PE News from Cristian Morgado



Soccer 2018 Season

- Please check the website for fixtures www.nwjisa.org.au
- We are still on the lookout for additional players. If you are interested in playing, please email cmor@sjsh.catholic.edu.au.

SACPSSA Athletics Carnival

The SACPSSA Athletics Carnival was held on Monday 17th June. I would like to thank all the students who participated in the Carnival and parents that came along to help. I would also like to thank Helen Clark for taking charge of the team. Our students represented the school proudly and had a go at all events.

Knockout Competitions

- **Yr 6 Knockout Girls Soccer** – Will be playing Flinders Park Primary School on Wednesday 19th June. We wish the girls all the best.
- **Yr 6 Knockout Boys Soccer** – Wednesday Week 10 on the 3rd of July at Westport Primary School. Our boys will play two games against Westport and Thorndon Park.
- **SACPSSA Cross Country Carnival** - The SACPSSA Cross Country Carnival is being held on Wednesday 7th August. Selected students will be invited to attend. More information will be distributed shortly.

Auskick Just a few program opportunities coming up that may interest you.

BLOODS SCHOOL HOLIDAY CLINICS

In July - the West Adelaide Football Club have two School Holiday Clinics (July 8th and 15th) for primary school aged participants (both boys and girls of 5-12 years).

Registration Link: <https://westadelaidefc.com.au/football/play-junior-footy/>

WEST ADELAIDE FOOTBALL CLUB TERM 3 AUSKICK

In Term 3 - the West Adelaide Football Club are delivering an Auskick Program based here at Westies (City Mazda Stadium) commencing on Friday August 9th, running for 7 weeks and finishing on Friday the 20th of September from 4-5pm.

As per other 2019 programs – registration is \$90 for the entire program. Free with the use of the ORS Sports Voucher.

If participants within your school or club-based Auskick centre have already completed an Auskick program in 2019, they can re-register for this full Term 3 program at a discounted rate of \$25.

Register Here: www.play.afl/auskick

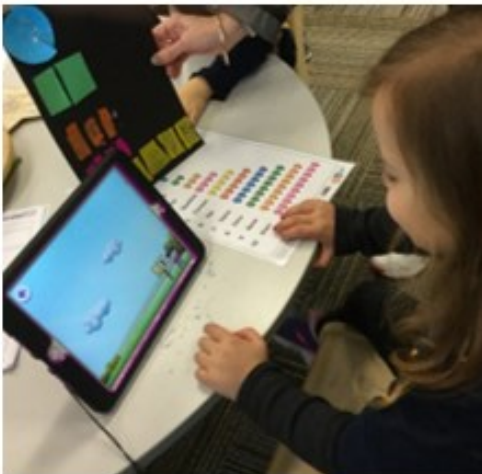
Cristian Morgado—PE Teacher

What is happening in the Preschool?

In the balloon game on the Birthday Party app, the children tap each balloon, each number word is called out in the target language (1, 2, 3, etc). The activity is scaffolded into levels and provides opportunities to revisit the vocabulary for colours that is the focus in App 2: *The Polyglots at the Beach*. These are combined in short descriptive sentences such as 'Two blue balloons'.

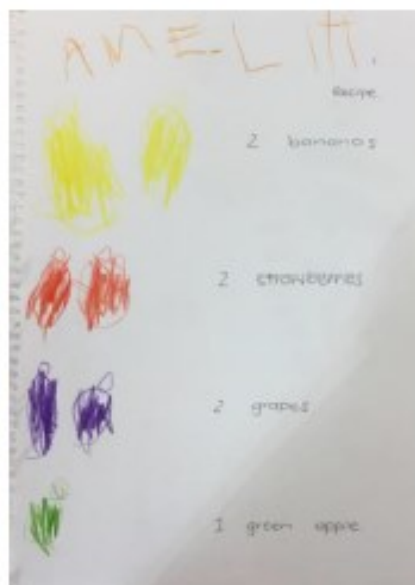


The children have been creating number charts inspired by the balloon chart that represents the numbers from one to ten and names them in Italian.



Children engage with a range of texts and gain meaning from these texts. This is evident, for example, when children begin to understand how symbols and pattern systems work.

We have been learning about different fruits in Italian through the ELLA App 4. One of the activities on the App is to make different fruit smoothies. The children have enjoyed mixing and making their own recipes on the App. Catherine and Kara thought it would be a nice activity to make some REAL smoothies. In preparation for the smoothies, the children came up with a possible "shopping" list of fruits. They then recorded their own smoothie recipes. On Friday, we made smoothies! On the table we had bananas, strawberries, raspberries, passionfruit, ice and milk. Everyone had a turn at adding the ingredients into the blender. All the children then lined up with their cup to try their smoothie! Most children LOVED it...we even had enough fruit to make another batch!



What do you put in your smoothie?

Playgroup News

**19th
June**

Arts & Crafts

School Mass to Farewell Fr. Bill

**Playgroup
As Usual**

**26th
June**

Cultural Day

School Event - Assembly/Parade

**3rd
July**

Playgroup Closed

**School
Holidays 8-19 July**

**24th
July**

Playgroup Returns

Every Wednesday 9am - 10.30am

It's back!



When you shop at Woolworths you can earn one sticker for every \$10.00 spent. Start collecting your stickers for our school to have the chance to redeem great prizes for our school.

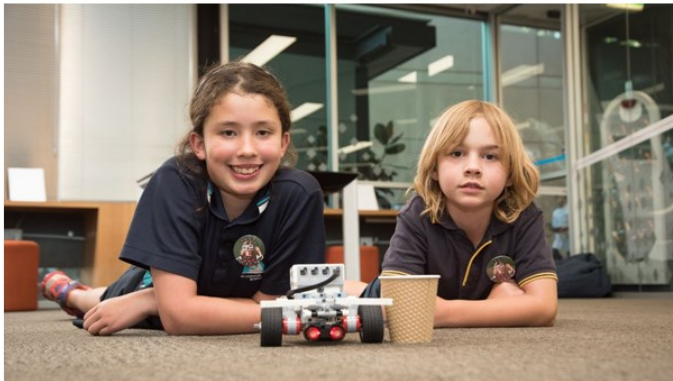
Imagine Inspire Ignite

at the Charles Sturt Libraries

We welcome you to join us this August as we celebrate a month long, fun-filled festival of learning that incorporates both National Science Week and Children's Book Week.

All events listed below are free, but bookings are necessary for each session via our online form at: www.charlessturt.sa.gov.au/ImagineInspireIgnite.

Bookings are due by **COB Friday 26 July**, and a follow-up email from a librarian will confirm your booking.



Advanced Robotics - The Mars Rover Mission

Celebrate space exploration with us at **10:00am-11:30am** at either our **Henley Beach** or **Civic Library**. You will work together in teams using your very own Lego Mindstorm robot and be able to program your robot rover on a mission to Mars and beyond. You'll be addicted!

Tuesday 6 August - Henley Beach Library
Tuesday 20 August - Civic Library

August

6, 20

Suitable for **Years 6-7**.



Little Bang Plus Science

We're getting hands-on during National Science Week with two sessions available at **10:30am**.

Your class will explore different types of chemical changes where compounds can combine to make something new.

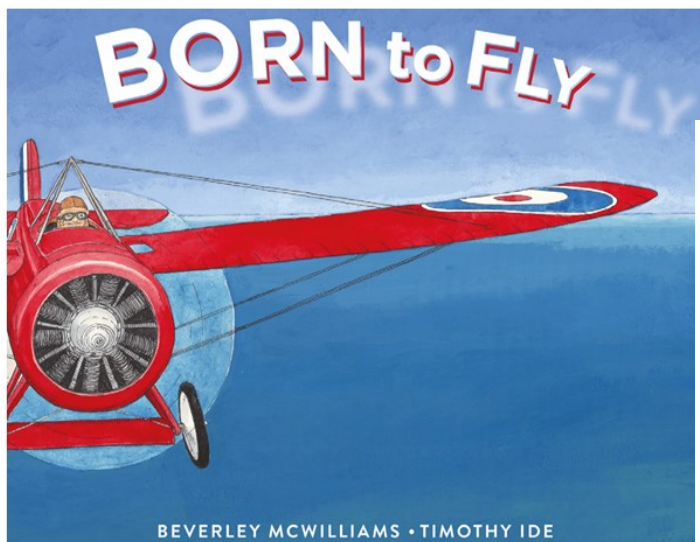
Monday 12 August - Civic Library

Friday 16 August - Hindmarsh Library

August

12, 16

Suitable for **Kindergarten - Year 2**.
Maximum 1 class per session.



Beverley Williams - Born to Fly (Author Talk)

Join local author Beverley at the **Henley Beach Library** from **10:30-11:15am** as she reads her debut non-fiction picture book on the life of pioneer South Australian aviator Captain Harry Butler. Captain Butler had many connections to our local area and was especially remembered for his 'jetty jumping' at Henley Beach.

After the reading your group will also have the chance to make their own paper plane.

August

13

Suitable for **Years 1-3**.



Storytime in Book Week

To celebrate 2019 Children's Book Week, bring your group to our special Storytime at **10:30am** on one of the dates and locations listed. We'll read some of the shortlisted books, sing songs and make a craft.

Monday 19 August - Hindmarsh Library

Tuesday 20 August - Findon Library

Thursday 22 August - Henley Beach Library

August

19, 20, 22

Suitable for **Kindergartens and Child Care Centres**.
Maximum 1 class per session.



To supercharge your savings for Christmas, and enjoy a **\$50 cashback...**

- Step 1 -

Open a Credit Union SA Netsave Account at creditunionsa.com.au/scr-christmas

- Step 2 -

Enter the promo code SCR on the *Personal details* section of the online form.

- Step 3 -

Have at least \$200 in your Netsave Account by **1 November 2019**
(scheduling monthly deposits of \$50 should do the trick)!

To top it off, you'll be helping to give back to your nominated school through the *School Community Rewards* program, which provides a regular financial benefit just for you banking with Credit Union SA.

Terms & conditions apply - see creditunionsa.com.au/competitions

*School
Community
Rewards*



* To be eligible for a \$50 account credit you must join Credit Union SA and open a new Netsave Account from 24/5/19 to 30/7/19 and have a minimum balance of \$200 in their Netsave Account before 11:59pm (ACST) on 1/11/19. Offer limited to South Australian residents aged 18 years and older. Limit one (1) cashback per person. Joint accounts limited to one (1) cashback per account. Please read the terms and conditions at creditunionsa.com.au before making a decision and consider whether the product is suitable for you. The offer is current as at 24/5/19 and is subject to change at any time. All members of the school community must consider their own circumstances and obtain their own advice before joining School Community Rewards. The school takes no responsibility for any advice or product provided by Credit Union SA Ltd. This information is general in nature and doesn't take into account your own personal circumstances. It is important for you to consider the terms and conditions before acquiring any of our products or services to help you decide whether they are suitable for you. Conditions and fees apply. Credit Union SA Ltd, ABN 36 087 631 232. AFSL Australian Credit Licence 241066, Credit Union SA Centre, Level 3, 400 King William Street, Adelaide SA 5000 GPO Box 699 Adelaide SA 5001. SCR_190508



OLSH
OUR LADY OF THE
SACRED HEART
COLLEGE

**COLLEGE
TOURS**

Last Tuesday of every month
9:30am & 5:30pm

To register, visit: olsh.catholic.edu.au
or phone 8269 8800 to request a tour

A Girls Secondary Catholic College from Year 7 - 12
496 Regency Road, Enfield SA 5085
Phone: 8269 8800 Web: olsh.catholic.edu.au



For All Girls

insights

Helping kids tolerate discomfort

by Michael Grose



Few right-minded people want children or young people to experience hardships or difficulty. However growing up generally means that kids will experience their fair share of hardships, frustrations and challenges which lead to uncomfortable feelings.

Exercising their discomfort muscles

Tolerating discomfort is an important resilience skill. It refers to an ability to sit with an uncomfortable or emotionally painful feeling such as disappointment, apprehension, nervousness or fear. These emotions can be brought about as a result of not being picked for a team; getting lower than expected marks for an assignment; or going into new, unfamiliar situation such as school camp. These are the sorts of every day situations that can make some kids feel uncomfortable. It's helpful to think of discomfort as a 'muscle' that gets stronger with training. Each time a child or teen successfully tolerates discomfort they're reinforcing their ability to do so and cementing the knowledge that they can overcome emotional challenges.

Opportunities to practise tolerating discomfort

Opportunities for practice are plentiful and are found in common situations such as when a child or teen is: feeling hungry; wanting something they can't have; having to end screen time; contributing to household chores when they don't feel like it; missing out on a job interview; asking someone on a date or not receiving a party invitation.

It's not toughing it out

Tolerating discomfort doesn't mean toughing out an unbearable situation. It's teaching your anxious child to notice how they're feeling, naming their emotions, and practising acceptance of difficult feelings as they occur. This is done in the knowledge that what they're experiencing is temporary and that they're lovingly supported by a warm and comforting adult. Couple tolerating discomfort with social rewards (such as words of praise or shared fun activity) for coping behaviours and you're helping to build their personal resilience.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 12 books for parents including *Spoonfed Generation* and the best-selling *Why First Borns Rule the World and Last Borns Want to Change It*. His latest release *Anxious Kids*, was co-authored with Dr Jodi Richardson.

ST JOSEPH'S TUCKSHOP MENU AND PRICE LIST 2019 – TERM 2

AVAILABLE EVERY DAY:

CHICKEN NUGGETS:*

5 Chicken Nuggets \$4.00
 Extra nuggets 80 cents each



CRUNCHY CRUMBED FISH:*

Plain \$3.50
 In Hot Dog roll/Wrap \$4.50
 with salad \$5.00
 Sauce/Mayo 20 cents each



SIDES:

Can be ordered separately or as a nuggets/fish combo

Salad cup \$1.00
 (Carrot, cucumber, tomato)
 Dinner roll \$1.00
 Corn Cobette \$1.20

HAMBURGERS:*

Beef Burger (home made) \$3.50
PLUS salad \$4.50
 Cheese 50 cents
 Sauce/mayo 20 cents



PASTA SPECIAL:*

Beef Lasagne (home made) \$4.00



PIZZA:*

Pizza (whole) \$4.00
 Pizza (half) \$2.50



Ham & Pineapple, Supreme, Veg.

SANDWICHES, ROLLS & WRAPS:

(White or wholemeal bread)

Plain, buttered \$1.50

Please add **50 cents** extra for a roll/wrap
 Please add **50cents** extra for toasted.

Please list fillings of your choice: (50 cents per filling)

cheese	ham,	tomato
vegemite	roast chicken	lettuce
strawberry jam	tuna	cucumber,
	avocado	carrot

Mayo, mustard 20c each

DRINKS AVAILABLE ALL DAY

Bottled Water \$1.20
 Juice (250ml) Apple/Apple & Blackcurrant/Orange \$2.00
 Moo Chocolate/ Strawberry Milk (200ml) \$2.00
 Up & Go Vanilla (250ml) \$2.20
 V8 Tropical \$2.20

PLEASE NOTE:

Cutlery will only be provided free with canteen food purchases, otherwise there will be a charge of **10cents/item**. Thank you.

*Nutrition breakdown can be found on the school website.

ST JOSEPH'S TUCKSHOP MENU AND PRICE LIST 2019

DAILY SPECIALS:

(Term 2)

MONDAY

Hot Dog (whole)	\$3.50
Hot Dog (half)	\$2.50
Cheese	50 cents
Tomato/BBQ sauce/Mustard	20 cents

NEW!

Hot Chicken Rolls	\$3.50
Coleslaw	\$1.00
Cheese	50 cents

TUESDAY

Cheesy Vegetable Slice	\$3.50
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WEDNESDAY

Nacho Cups	\$2.00
(wholemeal tortilla chips with vegetarian sauce and melted cheese)	

THURSDAY

Sushi	\$3.50
Teriyaki Chicken/Tuna/Veg. Soy Sauce	20cents

FRIDAY

Cup of Fries (thick cut)	\$3.00
Tomato sauce	20 cents
Sweet chilli mayo	50 cents
Melted cheese	50 cents

CUPCAKE TUESDAY - lunchtime only 50cents/cake