



ST. JOSEPH'S
SCHOOL

HINDMARSH

FORTNIGHTLY Newsletter

Issue 8: 22nd May 2019



ST. JOSEPH'S CATHOLIC SCHOOL HINDMARSH

Principal's Tour



Wednesday 5th June 2019

Commencing at 12 noon

PLEASE INFORM INTERESTED

FAMILY & FRIENDS

IMAGINE • DISCOVER • CREATE • ACHIEVE

Please let any family and friends know who may be interested in attending one or both of our *Come & Try Sessions* in the Preschool

**come
& try**

BOOK NOW

Kindergarten

2X SESSIONS

6th June & 20th June
9.30am - 10.45am



Be curious & Explore our Preschool at St Joseph's

St Joseph's Catholic School Hindmarsh | 56 Albemarle Street, West Hindmarsh SA 5007 | www.sjsh.catholic.edu.au

LEADERSHIP & OFFICE CONTACT DETAILS

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56 Albemarle Street, West Hindmarsh 5007

Dear Parents, Carers and Students,

Many of you would be aware that Year 3 and 5 students completed NAPLAN last week and some students who were unable to do the test last week are sitting tests this week. As reported in the media, some technical issues were experienced across most schools undertaking the test online for the first time this year. We did experience some very minor issues which were resolved promptly therefore having very little impact. The school has been involved in preparations for this online environment since the beginning of the year to ensure that it went smoothly. I would like to take the opportunity of thanking Kathleen Melis for all her co-ordination often requiring to liaise between Catholic Education Office and Cameron Technologies. *Thank you Kathleen!*

I am also happy to report that the library is now open for business!!! Appreciation and thanks to Kay Carmody and Sue Ciampi who have worked tirelessly over the past two weeks to re-establish the library. It looks fabulous!! We are still waiting for some 'finishing touches' to arrive. The library will be open for students during lunch time between 1.00pm – 1.30pm every Monday, Tuesday and Wednesday. Mr Care will also co-ordinate and supervise a 'chess club' weekly on a Thursday between 1.00pm–1.20pm. The students will be informed when the Chess Club will commence.

Appreciation and thanks to Denise Tarrant and Maria Apostolou who also were involved in decluttering spaces and recreating 'new spaces'! We could not have achieved such a smooth transition to our new learning spaces, without all staff and teachers working so collaboratively!

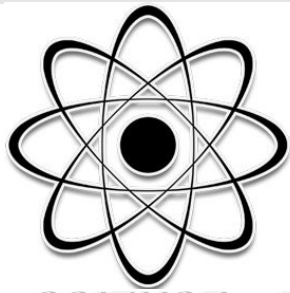
Professional Learning

During this time teachers continued to focus on their own professional development with staff meetings this term focusing on **STEM** pedagogy. You may recall that staff undertook significant Professional Learning in 2018 culminating in an EXPO at a local college on a Staff Formation Day. With new staff joining our staff and the need to continually update knowledge and refine skills and understandings, Kate Dilger, Executive and Education Officer from the South Australian Science Teachers Association will continue the work she began last year at our school.

Kate will also be presenting a **Parent Workshop** on **Wednesday 24 July** to share with you all the importance of **STEM** pedagogy.

Please return the return slip included in this week's newsletter or email your RSVP to info@sjsh.catholic.edu.au





STEM

SCIENCE + TECHNOLOGY + ENGINEERING + MATHS

What is STEM?

STEM is a curriculum based on the idea of educating students in four specific disciplines – science, technology, engineering and mathematics – in an interdisciplinary and applied approach.

STEM is **important** because it pervades every part of our lives. Science is everywhere in the world around us.

Technology is continuously expanding into every aspect of our lives.

Through STEM, students develop key skills including:

- problem solving
- creativity
- critical analysis
- teamwork
- independent thinking
- initiative
- communication
- digital literacy.



KATE DILGER, EXECUTIVE AND EDUCATION OFFICER

PRESENTING TO ST JOSEPH'S STAFF

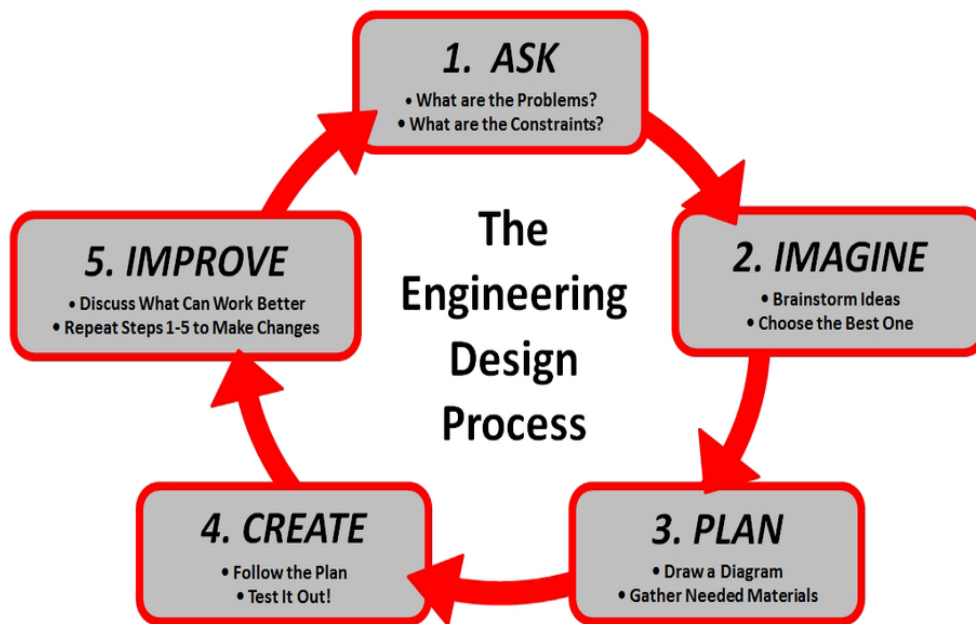
Why is STEM important?

The global economy is changing. Current jobs are disappearing due to automation and new jobs are emerging every day as a result of technological advances.

The continual advances in technology are changing the way students learn, connect and interact every day. Skills developed by students through STEM provide them with the foundation to succeed at school and beyond.

STEM can occur anywhere and anytime. Whilst we are fortunate to have new flexible learning spaces which provides space for students to be engaged in STEM activities – our students have been provided with many opportunities to develop the skills and competencies of interacting with their world for some time. OUR emphasis has been on using the engineering process which can be accommodated in a variety of settings! The focus should be on the way we teach and not a special room or teacher to conduct the lesson. At St Joseph's we take the opportunity of presenting provocations and developing an Inquiry mind across the curriculum and throughout the school.

In the Preschool students are involved in 'Little Scientist' experiences and other learning experiences which encourages deeper thinking and problem solving. This follows on into the school with teachers planning learning opportunities with an integrative approach utilizing technologies like beebots, Makey Makeys, Spheros and coding programs, as well as engaging with the engineering process as outlined in the diagram below.



Kate Dilger will work with us throughout the term helping us develop STEM learning with a Science lens!

God Bless,

The Leadership Team

REPLY SLIP— PLEASE RETURN THIS FORM TO CLASS TEACHER BY 21 JUNE 2019 or

EMAIL info@sjsh.catholic.edu.au



PARENT NAME: _____

CONTACT NUMBER: _____

ELDEST CHILD'S NAME & CLASS: _____

PLEASE INDICATE THE NUMBER OF PEOPLE ATTENDING THE **STEM** PARENT

WORKSHOP ON 24 JULY 2019 _____



Grandparents & Special Friends Day

Wednesday 5th June 2019 at 9.10am

I am really looking forward to welcoming grandparents and Special Friends to our school on Wednesday 5th June at 9.10am

It is requested that Grandparents and Special Friends arrive in the School Hall by 9.10am and be seated ready to celebrate with a Liturgy at 9.15am.

Following the liturgy and performances Grandparents and Special Friends will be escorted by school guides to their relevant classrooms. Morning Tea will follow at 10.30am.

Can you help with the Morning Tea?

We are asking parents to bring along a plate of food for the Grandparent & Special Friends' Morning Tea.

Plates of food can be brought to the hall kitchen from 8.30am.

If you are able to help with the serving or preparing of the food please let us know in the office. We would appreciate your help.



Ideas for the Morning Tea...

Disposable plates—better to use these to prevent special plates getting lost. *****Please nothing to be heated.*****

- **small cakes** ● **biscuits** ● **scones** ● **slices** ● **buns** ● **savoury biscuits/dips**
- **fruit platters** ● **slices** ● **assorted sandwiches** ● **cold little quiches**
- **savoury platters with cheese & veg** ● **nibble food**

A PRAYER FOR GRANDPARENTS

Dear God,

Please bless our grandparents. Thank you for the life they gave my parents and for the life they give to me.

For the ways they helped me and made me strong, I give thanks.

For the ways they love me no matter what, I rejoice.

For the ways they have paved the road that leads me here, I am grateful.

Let them grow in wisdom and joy in life.

Let them find peace and rest from their work.

Let them be healed of every sickness and pain.

And let them see with their own eyes the glory of your Son, Jesus, in the love of their children and grandchildren.

Bless them always until they come to rest in you.

We ask this through Christ our Lord. ***Amen.***



Religious Education News



Mini Vinnies

Mini Vinnies will begin this term, with our main focus being in support of Catholic Charity Groups. It will initially involve a committee of Year 5/6 students.

They will work with classes to engage in Social Justice activities and learning. Students will meet on a fortnightly basis.

Sorry Day and Reconciliation Week

On our pathway towards reconciliation, Sorry Day on 26 May is an important moment to remember the past policies of forced child removal. National Reconciliation Week goes from the 27th May until the 3rd of June. National Reconciliation Week (NRW) is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia. The theme for NRW is

**'GROUNDED IN TRUTH,
WALK TOGETHER WITH COURAGE'**

Reconciliation must live in the hearts, minds and actions of all Australians as we move forward, creating a nation strengthened by respectful relationships between the wider Australian community, and Aboriginal and Torres Strait Islander peoples.

Lord, we pray for Reconciliation:
That the wrongs of the past may be recognised,
That our awareness of the journey so far be awakened,
And that the Spirit move us to walk the talk and see through what has been started.

We ask this in the name of the Father and of the Son and of the Holy Spirit. **AMEN**

Upcoming Masses and Liturgies

- Year 3-4 Mass @ Sacred Heart Church- 9:30am Wednesday 29th of May
- Grandparent's and Special Friends Liturgy in the hall- 9:15am Wednesday 5th June

Project Compassion

Thank you for your support of Caritas Project Compassion during Term 1. We raised \$457.95.

God Bless
Helen Clark
APRIM



Rite of Farewell to our MSC Leadership



**SACRED HEART PARISH
HINDMARSH-FINDON**

**RITE OF FAREWELL
TO OUR MSC LEADERSHIP**

VIGIL MASS AND DINNER

Sat 29 June 2019 - 5pm

Sacred Heart Church, Hindmarsh

DIARY DATES FOR TERM 2

Week 4

24 May: Leadership Excursion

Week 5

29 May: School Board Meeting

Week 6

Catholic Education Week
5 June: Grandparents/Special Friends Day – STEM EXPO
Principals Tour
6 June: Come & Try our Preschool
7 June: Orientation for Term 3 Reception students

Week 7

10 June: Queen's Birthday–Public Holiday School Closed
12 – 14 June: Year 5/6 School Camp
14 June: Orientation for Term 3 Reception students

Week 8

17 June: Refugee Week
P & F Meeting
Catholic Athletics' Carnival
19 June : Parenting Workshop at 7pm

20 June: Come & Try our Preschool

21 June: Orientation for Term 3 Reception students

Week 9

26 June : School Board Meeting
26 June: Whole School Mass to give thanks and gratitude for
Father Bill and the Missionaries of the Sacred Heart
28 June : Feast of the Sacred Heart
Cultural Day and Dinner
Orientation for Term 3 Reception students
Saturday 29: Parish Event – Farewell Fr Bill and
Missionaries of the Sacred Heart

Week 10

4 July Learning Journey

5 July End of Term 2 at 12.30pm

Italian

Countries—CULTURE AND FOOD



Buongiorno!

The learning of Italian at St Joseph's continues with Term 2 focussing on the many cultural backgrounds at our school.

In Reception, children are reading the book, *Mangia Mangia!* about a family eating dinner together with a very hungry cat Micio.



In Year 1 and 2 children are enjoying a trip around Italy with *La Macchinetta Rossa* (The Little Red Car) as he visits many different locations and enjoys the country and its people.

For Year 3 and 4 students, they are reading a book called *Al Mercato* (At the Market) exploring the many foods one can buy and the language needed to purchase goods.

Then the Year 6 students continue to enjoy *Un Giro del Mondo* (A Trip Around the World) as they learn mapping skills and visit countries where they can experience many different cuisines and celebrations.

CULTURAL DISPLAY

TO HELP CELEBRATE this learning I am asking if families can bring *special souvenirs or photos* from other countries to school as a display! The display will be in the Italian classroom and will be returned at the end of the term.



Please label your items clearly.

Grazie Mille

Signora Campbell

PREMIERS' READING Challenge

The Premiers' Reading Challenge (PRC) is held each year from March to September and our students at St Joseph's are encouraged to take part as part of our ongoing commitment to Literacy in our school.

The PRC is not a competition, but a personal challenge for students to READ, TO READ MORE and TO READ MORE WIDELY... are you up for the challenge?

If you love reading OR want to challenge yourself to read more, then the PRC is perfect for you! It's a great way to try new authors and genres and a fun way to keep an online record of the books you have read. I wonder if we can challenge ourselves to read and enjoy even more books this year...

You need to read 12 books in 6 months.

PRC Student Recording sheets are online in their class files.

Reception to Year Two – Teachers have a set of books to share. Sheets already typed up for you.

Years Three to Six – Teachers have your sheets. When your sheet is completed please type up on 'S' drive. On completion resave into completed PRC folder. If you are completing the 'Hall of Fame' award you will need to print your form and have it signed by a parent if you wish to be acknowledged on the PRC website. Please hand these back to me.

When does the PRC finish?

You will need to **have all of your books recorded online by Friday 6th September T3 W7** so I can finalise and enter you into the competition.

However, if you finish your reading **BEFORE** this date please save into the completed file.

Awards will be distributed in Term Four.



What if I have a question or need some help with the PRC?

You can ask your class teacher or check with Miss Carmody.

Thanking you, Miss Carmody Literacy/EALD Coordinator

Mayoral Make-A-Book Literacy Challenge 2019 Celebrating 30 Years

If you are a preschool or primary school aged child who lives or studies in the City of Charles Sturt, you're eligible to enter our annual book making competition, which has been running since 1979. Our school supports this local initiative by incorporating the Mayoral Make-a-Book into their Literacy outcomes. All classes will devote time for the writing process. Each child is invited to individually, in small groups or as a whole class to enter the competition.

Your book entry can be:

- ♦ a story, graphic novel, informational, poetry... and on any topic
- ♦ English or multilingual
- ♦ a physical book, e-book or audio book
- ♦ created by yourself, with friends or even your whole class
- ♦ up to 1000 words in length

All participants are recognised for their efforts. Prizes vouchers are awarded to the most outstanding entries. Being involved is the most important factor!

Judges look for:

- ♦ original ideas and themes, creative use of language, sound spelling and grammar (drafting and proofreading are important!)
- ♦ a balance between beginning, middle and end
- ♦ appealing design, layout and format; illustrations that complement the text (if applicable)
- ♦ presentation and neatness

* Binding style is not judged but make sure your book is strong enough to be handled by stapling fully one side of your entry.

How to enter: Books collected by class teachers.

Students may also enter books completed at home by giving them to their teacher.

Entries close Thursday 30th May 2019 (T2, W5)

An entry form is available from your class teacher and must be **glued on the back cover of your book**. There needs to be an entry form from each child if co-written.

Be careful if you wish to write a blurb. Add this blurb inside the back cover.

Any enquiries: Kay Carmody – Literacy/EALD Co-ordinator



When you shop at Woolworths you can earn one sticker for every \$10.00 spent. Start collecting your stickers for our school to have the chance to redeem great prizes for our school.



**St Joseph's
Parents
& Friends**

Parents & Friends

INFORMATION

Reminder



St Joseph's School

Presents

Bill Hansberry

who will be conducting a **FREE Parent Workshop**

on Wednesday 19th June at 7pm

PLEASE FEEL WELCOME TO INVITE FAMILY AND FRIENDS

EVENING PROGRAMME

7-7.45pm **'Get off that Computer!'**

8.00-8.15pm *Coffee Break*

8.15-9.00pm **'My child is being picked on!'**

*** Creche available ***



ABOUT BILL HANSBERRY

Bill is an author of many books on behaviour management in schools and parenting. Bill works as a consultant and a private mentor. He is a father of three school-aged children himself and understands the trials and self-doubt that comes with being a parent.

rsvp

MONDAY 3RD JUNE 2019

Please return to the front office OR

email to info@sjsh.catholic.edu.au

NAME/S OF PEOPLE ATTENDING:

CONTACT EMAIL:

ELDEST CHILD'S NAME & CLASS:

I / We will be attending the Bill Hansberry Parent Workshop on Wednesday 19th June at 7pm.

No attending: _____

I will be requiring the creche:

NAMES AND AGES OF CHILDREN ATTENDING:

PE News from Cristian Morgado

Soccer 2019 Season

- Please check the website for fixtures www.nwjjsa.org.au
- We are still on the lookout for additional players for U6 to U9 Soccer. If you are interested in playing please see Mr Morgado or email cmor@sjsh.catholic.edu.au

SAPSASA Knockout News

- Our 6 Girls Knockout Netball Team will take on Fulham Gardens on Friday the 31st of May. They'll be versing against Fulham Gardens, Westport and Flinders Park. All games will be played at Fulham Primary School.
- Our 6 Boys Knockout Soccer Team will take on Fulham Gardens on Friday the 31st of May at Fulham Primary School.
- Girls Knockout Soccer will be held on Wednesday Week 7. More information will be available as we are waiting for confirmation.
- Basketball Knockout Boys and Girls will be held in July the 24th or 25th.

SACPSSA Athletics Carnival

The SACPSSA Athletics Carnival is being held on Monday 17th June. Selected students will be invited to attend. Athletics Trials have been held during PE lessons for Hurdles, Long Jump and High Jump, running and throwing events will be held at Allenby Gardens Reserve.

Further details about team selections will be sent home shortly.



Do you know how to remove these agapanthas?
Have you got the muscles to help?
Please contact Signora Campbell if you can.



What is happening in the Preschool?



The children have had fun recreating the egg and spoon race that is one of the activities featured on the ELLA Birthday party APP 3.



Egg and spoon

Children physically move the tablet, stepping forward while balancing a virtual egg on a spoon. They learn numbers up to 20 as they count and step.

Links to the EYLF

Outcome 3: Children have a strong sense of wellbeing. Children take increasing responsibility for their own health and physical wellbeing. This is evident, for example, when children demonstrate spatial awareness and orient themselves, moving around and through their environments confidently and safely.

Lemon yoghurt cake

$\frac{1}{2}$ cup sugar 🍷
2 eggs 🍳
3 tsp lemon juice 🍋
2 lemons grated 🍋
 $\frac{3}{4}$ cup oil 🍷
1 cup yoghurt 🍶
2 cups S-R Flour 🍷
 $\frac{1}{2}$ tsp salt 🧂

On Thursday we picked some lemons when we visited the school garden. We used them to bake a lemon cake on Friday as a means to compliment ELLA APP 3.



We had an exciting week meeting a selection of wonderful creatures such as Bob the tawny frog mouth owl, Rocky the parrot, Jackson the squirrel glider, Smokey the bettong, Smiley Tim and Lois the carpet pythons, Sylvester the crocodile, Chicken nugget the gecko and Leonard the goanna.

We would like to thank Adrian from [Animals Anonymous](#) for his informative and fun presentations that promote awareness about our Australian wildlife and the reason it is so important to conserve the local ecosystems and habitat around us.



Adrian explained the importance of caring for our wildlife as many Australian marsupials such as Banshee and Smoky the Bettongs are now extinct in South Australia.



"Bob is a very special bird" Logan

"It (squirrel glider) was so soft, I give it one hundred points!" Johan

"I loved the goanna it feels soft." Rehaan

TRB looking for feedback



Teachers
Registration Board
OF SOUTH AUSTRALIA

Parent & Carer Feedback

The Teachers Registration Board of South Australia registers all teachers in South Australia.

The Teachers Registration and Standards Act 2004 (the Act) which legislates how the Board oversees registration and the teaching profession is currently being reviewed.



We would like feedback on the suggested changes and potential outcomes of this review from anyone in the community who has an interest in education or the teaching profession.

Have your say with a quick
online survey at
trb.sa.edu.au

A consultation paper 'Enhancing Teacher Registration in South Australia' which outlines possible changes to the Act is available to read on our website.

Feedback can be provided

- via a submission or
- by taking a quick online survey.

For further information, to make a submission or to take the survey please go to:
www.trb.sa.edu.au.

If you have any questions please contact us using the information below.

Please provide your feedback by 31 May 2019.



Teachers
Registration Board
OF SOUTH AUSTRALIA

T: 8253 9700
E: Info@trb.sa.edu.au
W: www.trb.sa.edu.au

insights

6 tips for parenting anxious kids

by Dr Jodi Richardson



If you're the parent of an anxious child you're most certainly not alone. The number of children experiencing an anxiety disorder is currently estimated at 117 million worldwide. Here in Australia, there's an average of 2 anxious kids in every classroom; and they're the ones with a diagnosis. Many more anxious kids are yet to have their anxiety identified and understood.

As much as we'd like to, we can't rid our kids of their anxiety, but we can help them to manage it in ways that enable them move it from centre stage and get on with living a vibrant, rich and meaningful life.

Here are 6 tips to support you to parent your anxious child:

1. Explain anxiety

Anxious kids can struggle to explain how they feel and can worry that no-one will understand what they're going through. That's why explaining anxiety is an important step in supporting an anxious child. The knowledge that anxiety is well understood, that other kids experience it and that it's manageable brings them immediate relief.

Teach your anxious child that the part of their brain that protects them from danger is always on high alert. Called the amygdala, it's meant to protect them from genuine danger but for anxious kids, it can be almost constantly activated.

Explain that when they feel anxious, their amygdala sends signals to their body to fight or flee from the threat, whether it's real or imagined.

Next, talk about the body changes such as increased heart rate, rapid breathing and an upset stomach that power them up to fight or flee. They might even feel dizzy, hot, sweaty and panicked. Anxiety affects thinking and behaviour too.

2. Respond with empathy

In the midst of an anxious moment it's natural to want to reassure anxious kids they've got nothing to worry about. Reassurance works in the short term but it soon wears off and they come back for more, which becomes an unhelpful pattern.

Instead, respond with empathy and validation. Use ahhh statements such as:

- "Ahhh, I see you're feeling really anxious right now, I know how hard this is for you"

- “Ahhh, I know you’re feeling really worried right now, it’s not much fun feeling like that is it?”

Anxious kids need to know you understand what they’re going through.

3. Show the amygdala they’re safe

Once the amygdala senses danger, the cascade of events that follow can’t be stopped. The body and brain will respond as if the danger is immediate. The best way to help an anxious child calm their anxious brain is to teach them to *show* their amygdala they’re safe. Deep and intentional breathing helps an anxious child to calm their amygdala and will begin to reduce their anxious symptoms. Practise intentional breathing regularly between anxious times before applying this technique in the midst of an anxious moment.

4. Practise mindfulness -the antidote to worrying

Anxiety is distress now about a possible future event, which is why worrying is common for anxious kids. When an anxious child’s mind fast-forwards to an upcoming event or expectation, their amygdala can respond as if the ‘threat’ to their safety is immediate. The antidote to worrying is mindfulness. Put simply, mindfulness is paying attention to what’s happening in the present moment. It may take time to learn, but is a powerful anxiety management strategy once it’s mastered.

5. Practice defusing sticky thoughts

Anxious thoughts can get stuck, refusing to budge no matter how much attention is paid to them. Defusion is a strategy that helps anxious kids look *at* their thoughts rather than *from* them.

Imagine your anxious child is worried about an upcoming test. They’re thinking “I’m going to fail the test”. The thought makes them feel awful. Defusion helps kids (all of us) to look *at their* thoughts by reminding them that the words in their heads are indeed just words, not reality.

Your anxious child can defuse his unhelpful thoughts by putting a statement in front of the thought such as: “I notice I’m having the thought that I’m going to fail the test.” Alternatively, he can say the thought in a character voice like Darth Vader or Peppa Pig, or sing it to the tune of happy birthday or a nursery rhyme. Defusion puts distance between anxious kids and their thoughts and is a wonderful skill to learn.

6. Get the fundamentals right

Ample sleep, good nutrition and exercise are essential for anxious kids. Support your child to adhere to their optimal bedtime so they wake naturally around the time of their alarm, reduce their sugar intake to support their gut health and to exercise regularly for optimal mental health.

These are some of the many strategies that you can share with your child to support them to recognise and manage their anxiety so they can live life in full colour.



Dr Jodi Richardson

Jodi is a happiness and wellbeing speaker and writer, and is mum to two primary school aged kids who light her up. For more great ideas on flourishing mental health for the whole family, subscribe to her newsletter at drjodirichardson.com.au and say hello on facebook.com/DrJodiRichardson. Enquiries to jodi@drjodirichardson.com.au



OLSH
OUR LADY OF THE SACRED HEART COLLEGE

COLLEGE TOURS


Last Tuesday of every month
9:30am & 5:30pm

To register, visit: olsh.catholic.edu.au
or phone 8269 8800 to request a tour

A Girls Secondary Catholic College from Year 7 - 12
496 Regency Road, Enfield SA 5085
Phone: 8269 8800 Web: olsh.catholic.edu.au



For All Girls



BLACKFRIARS
PRIORY SCHOOL


Middle Years Showcase

Wednesday 5 June, 6-8pm

With over 60 subjects, 15 co-curricular activities, camps at every year level, multiple cross-disciplinary projects, academic extension and learning enrichment programs, discover how the Middle Years at Blackfriars prepares your son for the 21st century.

Blackfriars. Catholic education for boys in the Dominican tradition.

To register for the Middle Years Showcase, or make an enrolment enquiry for Middle Years entry in 2021, visit www.bps.sa.edu.au or contact Ms Linda Gavranic at registrar@bps.sa.edu.au or on 8169 3954.



2021 ENROLLING NOW

PROSPECT ROAD
DISCOVER MORE

Prayer | Study | Community | Service

f t i v



Produced by Feld Entertainment

Disney ON ICE
Celebrates **MICKEY AND FRIENDS**

the brompton

TREAT YOURSELF & THE KIDS!
KIDS EAT FREE

GOING TO SEE DISNEY ON ICE? SHOW US YOUR TICKETS AND THE **KIDS EAT FREE** BEFORE OR AFTER THE SHOW!

OFFER ONLY VALID ON THE DAY OF THE SHOW AND WITH THE PURCHASE OF A MAIN MEAL. T&C'S APPLY.

5 FIRST ST, BROMPTON / 8340 0072 / INFO@THEBROMPTON.COM.AU
WE'RE JUST A SHORT WALK FROM THE ENTERTAINMENT CENTRE



JOURNEY OF HEALING ASSOCIATION [SA] INC
John Browne JP 0431234561 Stolen Generations Peak Body




"The Seven Rs" giving: Recognition ✓, Respect, Rights, Reform ✓, Reciprocity, Responsibility and Reparations ✓

FRIDAY 24 MAY 2019
VICTORIA SQUARE / TARNTANYANGGA ~ CITY

NATIONAL SORRY DAY

STOLEN GENERATIONS TRACK HOME 10.30 AM - 2.30 PM

WORRARRA MUNAINTYERLO PARKU (LORE) JOURNEY OF HEALING
WODLIANNI  STOLEN GENERATIONS COMING HOME

LISTENING (2016) ✓, LOOKING (2017) ✓, LEARNING (2018) ✓, LORE (2019), LIFE (2020) with legacy, loyalty, language, literature and legitimacy, to LEADERSHIP (2021) and LIBERATION (2022)

- Kaurna WORRARRA MUNAINTYERLO PARKU Welcome
- Learn about Stolen Generations Wodlianni - Coming Home Stories
- Guest speakers & music entertainment
- Free BBQ - Free salads, drinks available
- SA Linkup will be providing assistance & support
- Hosted by John Browne JP
- Support Seven "Rs" for Reconciliation
- Support Wodlianni Twelve "Ls" for Liberation
- Encouraging LORE for the Stolen Generations - Supporting Kaurna Wittenitte Warramankondi (Learning) Wodlianni
- Aboriginal Heritage & Culture
- Weaving Wodlianni in to the nations
- ANTaR SA, community displays, stalls & information



Department of the Premier and Cabinet
Department for Education



Santos



We acknowledge the Kaurna People as Kaurna Aboriginal Titleholders under Magna Carta 1297, being Kaurna Traditional Owners of this Yerta (land)

Simplify your banking AND help your school to fundraise?

It couldn't be easier...

To find out more visit
creditunionsa.com.au/scr-families

 facebook.com/school-community-rewards



All members of the school community must consider their own circumstances and obtain their own advice before joining School Community Rewards. The school takes no responsibility for any advice or product provided by Credit Union SA Ltd. This information is general in nature and doesn't take into account your own personal circumstances. It is important for you to consider the terms and conditions before acquiring any of our products or services to help you decide whether they are suitable for you. Conditions and fees apply. Lending criteria apply to all credit products. Products are issued by Credit Union SA Ltd except for insurance where the Credit Union acts as an agent for Allianz Australia Insurance Ltd AFS: 234708. Credit Union SA Ltd ABN 36 087 651 232, AFS/Australian Credit License 241066, 400 King William Street, Adelaide SA 5000.

ST JOSEPH'S TUCKSHOP MENU AND PRICE LIST 2019 – TERM 2

AVAILABLE EVERY DAY:

CHICKEN NUGGETS:*

5 Chicken Nuggets \$4.00
 Extra nuggets 80 cents each



CRUNCHY CRUMBED FISH:*

Plain \$3.50
 In Hot Dog roll/Wrap \$4.50
 with salad \$5.00
 Sauce/Mayo 20 cents each



SIDES:

Can be ordered separately or as a nuggets/fish combo

Salad cup \$1.00
 (Carrot, cucumber, tomato)
 Dinner roll \$1.00
 Corn Cobette \$1.20

HAMBURGERS:*

Beef Burger (home made) \$3.50
PLUS salad \$4.50
 Cheese 50 cents
 Sauce/mayo 20 cents



PASTA SPECIAL:*

Beef Lasagne (home made) \$4.00



PIZZA:*

Pizza (whole) \$4.00
 Pizza (half) \$2.50



Ham & Pineapple, Supreme, Veg.

SANDWICHES, ROLLS & WRAPS:

(White or wholemeal bread)

Plain, buttered \$1.50

Please add **50 cents** extra for a roll/wrap
 Please add **50cents** extra for toasted.

Please list fillings of your choice: (50 cents per filling)

cheese	ham,	tomato
vegemite	roast chicken	lettuce
strawberry jam	tuna	cucumber,
	avocado	carrot

Mayo, mustard **20c each**

DRINKS AVAILABLE ALL DAY

Bottled Water \$1.20
 Juice (250ml) Apple/Apple & Blackcurrant/Orange \$2.00
 Moo Chocolate/ Strawberry Milk (200ml) \$2.00
 Up & Go Vanilla (250ml) \$2.20
 V8 Tropical \$2.20

PLEASE NOTE:

Cutlery will only be provided free with canteen food purchases, otherwise there will be a charge of **10cents/item**. Thank you.

*Nutrition breakdown can be found on the school website.

ST JOSEPH'S TUCKSHOP MENU AND PRICE LIST 2019

DAILY SPECIALS:

(Term 2)

MONDAY

Hot Dog (whole)	\$3.50
Hot Dog (half)	\$2.50
Cheese	50 cents
Tomato/BBQ sauce/Mustard	20 cents

NEW!

Hot Chicken Rolls	\$3.50
Coleslaw	\$1.00
Cheese	50 cents

TUESDAY

Cheesy Vegetable Slice	\$3.50
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WEDNESDAY

Nacho Cups	\$2.00
(wholemeal tortilla chips with vegetarian sauce and melted cheese)	

THURSDAY

Sushi	\$3.50
Teriyaki Chicken/Tuna/Veg. Soy Sauce	20cents

FRIDAY

Cup of Fries (thick cut)	\$3.00
Tomato sauce	20 cents
Sweet chilli mayo	50 cents
Melted cheese	50 cents

CUPCAKE TUESDAY - lunchtime only 50cents/cake