



ST. JOSEPH'S
SCHOOL

HINDMARSH

FORTNIGHTLY Newsletter

Issue 3: 6TH MARCH 2019



IMAGINE • DISCOVER • CREATE • ACHIEVE

Upcoming Events

MARCH

MONDAY 11TH	ADELAIDE CUP PUBLIC HOLIDAY
TUESDAY 12TH	SWIMMING WEEK R-4
MONDAY 18TH	ACQUATICS PROGRAM YRs 5-6
THURSDAY 21ST	HARMONY DAY
FRIDAY 22ND	ANTI-BULLYING DAY
TUESDAY 26TH	LEARNING CONVERSATIONS
FRIDAY 29TH	SCHOOL PHOTOGRAPHS

Some articles included are:

- Shrove Tuesday and Ash Wednesday
- Lent
- Caritas Compassion Boxes and give Lent 100%
- Gender Inclusive Uniform Policy
- School Awards
- Congratulations to Riley & Summer
- Let's Play
- School Community Rewards—Credit Union SA
- What is happening in our Preschool?
- Book Club—New Information
- We have been asked to advertise
- "How much screen time?"

Invitation tonight

**To all our Parents to attend our first
PARENT ENGAGEMENT MEETING
in the staffroom
TONIGHT Wednesday 6th March**

7.00pm—8.00pm

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Dear Parents and Carers

Shrove Tuesday

Shrove Tuesday is known by many names around the world, Fat Tuesday, Pancake Tuesday, Mardi Gras (Fat Tuesday) and Carnevale. The name Carnival comes from 'arne Lever' which means to take away the meat, which is reference to fasting. Shrove means to say sorry for our sins or the wrong choices we have made so that you can be forgiven.

Historically, Christians ate basic, less rich foods during Lent as part of their fasting when they pursued the spiritual rather than the physical side of life. In order to use the last of rich ingredients like eggs, milk, butter and sugar. Pancakes became associated with this Tuesday because they are made with these ingredients.

Yesterday, we came together as a whole school for a Shrove Tuesday Liturgy. During this service we were reminded that we are entering a time of penance and reflection. Children all wrote down something that they would 'fast' from and positive actions that they would 'feast' on. These promises that staff and students made, were burned along with palms from last year. Shrove Tuesday is a good day to think about transitioning to a simpler more spiritual time.

Thank you to teachers and staff, who provided pancakes and topping for all the children. We also say a big thankyou to our Parent Engagement group, especially Caterina, who coordinated organising helpers to cook our pancakes. This was our first fundraiser for Project Compassion. If you would still like to donate towards our pancakes, there is a Project Compassion box in the front office foyer.



Ash Wednesday

On Ash Wednesday, we remember that Christ died for us so that we might live forever.

Ash Wednesday begins the season of Lent. During this time, we are called to remove the things that get between God's love and us. We are also asked to make sacrifices as a way of remembering how much we really do have.

On Ash Wednesday we have ashes placed on our foreheads in the sign of the cross. They remind us of our wrong doings and signal a new beginning of the positive actions we will take up (feast on) and the actions or treats that we need to 'fast' from.

The ashes that we used today, came from burning the palms we received on the last Palm Sunday. We also combined our Lenten promises of things that stand between us and God's love.

Shrove Tuesday at St Joseph's

Children all wrote down something that they would 'fast' from and positive actions that they would 'feast' on. These promises that staff and students made, were burned along with palms from last year. Shrove Tuesday is a good day to think about transitioning to a simpler more spiritual time.



Thank you to our wonderful Volunteers who cooked our Shrove Tuesday Pancakes.



Shrove Tuesday Pancakes at the Preschool



Lent

Lent begins with Ash Wednesday and ends with Holy Thursday. During this time, we deepen our prayer lives and promises we made at baptism to turn away from making poor choices in our lives.

We deepen our prayer lives through reading the Bible and reflecting on God's Word. As Catholics, we choose to fast or give something up.

All of this prepares us for celebrating Christ's death and resurrection.

The colours of the linens and the priest's vestments are purple as a sign of penance. On the fourth Sunday of Lent, Laetare Sunday, the colour is pink. We rejoice in knowing that the celebration of God's mercy through Christ's death is only a few weeks away.

Caritas Project Compassion- Give Lent 100%

During Lent we raise money towards Caritas Australia's Project Compassion. This money is used to educate and support people in both Australia and around the world to be able to have a 'just future'.

This week we introduce, 12 Year old Thandolwayo from Zimbabwe. Her life in her village in north-western Zimbabwe wasn't easy. Her father left several years ago and her mother lives in a town 90 kilometres away where she works as a casual labourer. Thandolwayo lives with her grandparents and attends the local school which has just 35 students. Every morning she'd walk seven kilometres and risk being attacked by crocodiles as she collected clean water for her family. She'd then go to school feeling exhausted.



- Thandolwayo's grandparents sell pearl millet bran and chickens - but the income it brings isn't enough to support the family.
- Thandolwayo's hope to be a nurse seemed almost impossible to realise, until Caritas Hwange helped the village to install two solar-powered pumps to draw water up from the river, as well as two 10,000 litre storage tanks.
- Thanks to Caritas' support, water is now on tap in the village, benefitting its 500 residents - and Thandolwayo can concentrate on her education.
- *Thandolwayo says. "We now drink clean, safe water and diseases are no longer affecting us."*

As part of our school Lenten commitment, we will come together at the beginning of each week to join in prayer and learning more about communities that Caritas Australia supports.

Prayer

Heavenly Father, we thank you for the wonderful foods and things you have given us to enjoy. We thank you for the gifts of sight, smell and touch. We thank you for the tables and the loved ones who feast and laugh with us. This is a true blessing from You.

Thank you that your Son Jesus lived as a human and balanced both the physical and spiritual pleasures of life.

Help us to feast and to fast with the same mindset of Christ, not for our own good, but for your pleasure. We celebrate You in our feasting on Shrove Tuesday and our fasting as we enter into Lent today, beginning with Ash Wednesday.

May we grow in spiritual mindset. In Your Son Jesus, who is the Bread of Life. Amen.

God Bless The Leadership Team

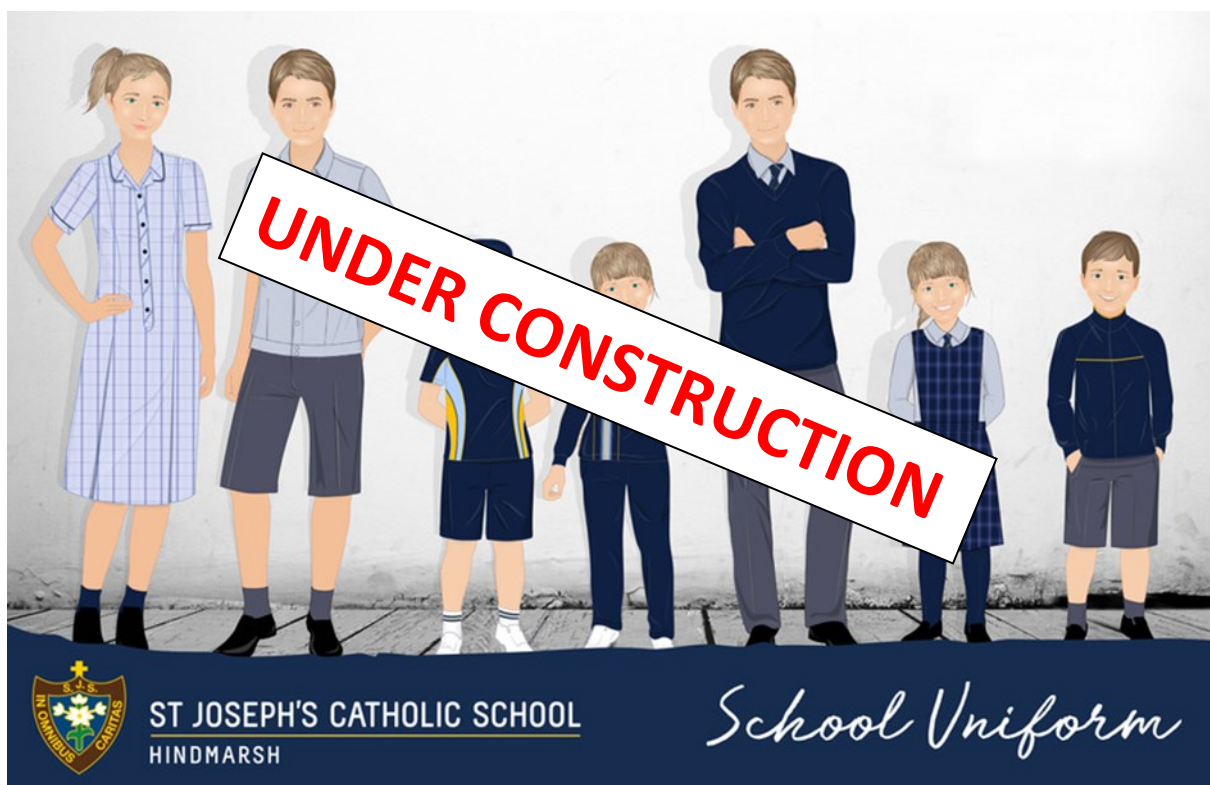
Gender Inclusive School Uniform Policy

On 23 May 2018 correspondence from the Commission for Equal Opportunities was received requesting non-government schools to amend their school uniform policy/code to align with the SA Equal Opportunities Act (1984). This communication expressed that students perform best when they are in an environment where each child is given equal opportunity to engage in their education and social development regardless of gender. The option of pants and shorts for all students can assist students to feel less self-conscious when undertaking more physical activities both curriculum led and in play.

For these reasons the School Board agreed that the St Joseph's School, Hindmarsh school uniform policy/code be amended to allow all options within the current school uniform be made available to all students. In short, regardless of gender, grey shorts (summer) and grey pants (winter) worn with their respective matching tops can be worn by all students. This was communicated in the school newsletter shortly after and subsequently the Vinnies uniform shop has been advised of this change. Vinnies have also provided an extra option of a blue skort to be worn as part of the Summer uniform (this will be available shortly at the Vinnies Uniform shop).

Students were recently made aware of the gender inclusive school uniform change at assembly. You may wish to discuss the uniform options with your child.

Students will still need to wear the formal uniform of their choice on the days that are not allocated as sport days and sport uniform only on the days allocated to sport. Student will also need to wear their choice of uniform appropriate to the terms allocated to the winter and summer uniform. Please note that although the images on the school website appear as below that, this change has been ratified by the Board and the option is available **now**. An image will be developed and uploaded shortly. St Joseph's prides itself on fostering thriving students in an inclusive environment where every child is free to engage in all opportunities equally. It is important that our School Uniform promotes a high standard to the wider community and therefore students are required to wear the correct school uniform at all times. **Mix & Matching formal and sports uniform is not permitted.**



ST JOSEPH'S CATHOLIC SCHOOL
HINDMARSH

School Uniform

School Awards for the Values & Respect

At Assembly children who have excelled during the week are presented with a Certificate. The teacher chooses this award from our School Values or from our 5 Respects. Congratulations to the children who have received Awards.

School Values

- Respect
- Compassion
- Hope
- Forgiveness
- Service

CHAAMIN I/2R

Respect

BROOKLYN I/2C

Respect

LUCA 3/4MDP

Compassion

ISABELLA 4C

Compassion

5 Respects

- Self
- Others
- Staff
- Learning
- Property and Environment

SIENNA RM

Learning

SOPHIA RS

Environment and Property

JOEY I/2GM

Others

EDWARD 5TC

Staff and Learning

HOLLY 5/6D

Learning and Property and Environment

OSMAN 6C

Property and Environment



Good luck and Best Wishes to

Riley Knapp and Summer Lemus-Battersby who are travelling to Singapore this weekend representing the SA Kangaroos in Ice Hockey at the Scotiabank Singapore Ice Dragons Classic 2019.

This is an international tournament and the only team representing Australia, it will be an amazing experience for Summer and Riley.

Congratulations on your selection.

Say Cheese!! School Photographs

Friday 29th March

School Photograph Envelopes have already been sent out with each child. If you have not received your child's envelope please contact the front office.

MSP Photography ask that you take time to read the relevant information on the MSP payment envelopes and remember these helpful hints.

- Don't seal envelopes inside each other
- You can pay for all children in one envelope, however each child needs to have their own envelope on photo day.
- Family envelopes are available at the school office upon request.
- Please enclose correct money as no change is given—cash, cheques and money orders only.
- **Credit card payments can only be made online.**
- Please feel free to visit our website www.msp.com.au
- For photo enquiries Phone: (08) 8132 1148 or Email: enquiries.adl@msp.com.au

Children are to be dressed in their correct SUMMER UNIFORM.

Invitation tonight

**To all our Parents to attend our first
PARENT ENGAGEMENT MEETING
in the staffroom
TONIGHT Wednesday 6th March**

7.00pm—8.00pm



We value your input... **it is genuinely sought**

Let's make this a successful year for our children and our school community.

Good coffee is on offer!!! We hope to see you there.

What is happening in the Preschool?



Children enjoy water and its diverse properties make many kinds of exploration and wondering possible. Wondering is about working things out and making theories. It is about questioning and thinking about possibilities.

Water play enables children to splash, float and sink objects, fill, empty and pour, compare and estimate.



Science for young children is a process of doing and thinking, a process that anyone can participate in and contribute to, not a list of facts and information discovered by other people (Brenneman, 2009). Young children naturally use one or more of these process skills as they investigate everything that attracts their attention.



St Joseph's Hindmarsh

let's play

Playgroup
Every Wednesday
9am - 10.30am

Please bring a piece of fruit to share

Follow us on Instagram
 @letsplay_playgroup 



For All Girls



OLSH
 OUR LADY OF THE SACRED HEART COLLEGE

OPEN
 SUNDAY 17 MARCH
 1 - 3pm
 MONDAY 18 MARCH
 5:30 - 7:30pm

To register, visit: olsh.catholic.edu.au
 A Girls Secondary Catholic College from Year 7 - 12

Meet our *School Community Rewards* representative...

Lucy Brooks

You will be seeing Lucy around our school, supporting events.

Lucy is happy to answer any questions you have about *School Community Rewards* - plus she can assist you with your banking so you can do more with your money!

Phone **0428 787 230**
 Email lbrooks@creditunionsa.com.au



To find out more visit
creditunionsa.com.au/scr-families

 facebook.com/school-community-rewards



All members of the school community must consider their own circumstances and obtain their own advice before joining School Community Rewards. The school takes no responsibility for any advice or product provided by Credit Union SA Ltd. This information is general in nature and doesn't take into account your own personal circumstances. It is important for you to consider the terms and conditions before acquiring any of our products or services to help you decide whether they are suitable for you. Conditions and fees apply. Lending criteria apply to all credit products. Products are issued by Credit Union SA Ltd except for insurance where the Credit Union acts as an agent for Allianz Australia Insurance Ltd AFSL 234708. Credit Union SA Ltd ABN 36 087 651 232, AFSL/Australian Credit License 241066, 400 King William Street, Adelaide SA 5000.



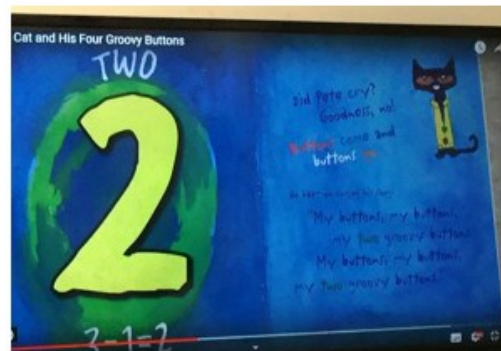
The head of a sunflower full of seeds grown by Esther was the inspiration for an observational art activity. It has resulted in individual and unique impressions created by the children.



Bibiana's Mum baked us a treat called kolacky. This Czechoslovakian recipe uses a ricotta cheese filling topped with sweet fruit preserves. They were simply delicious!



This week when we watched and sang *Pete the Cat and his Four Groovy Buttons*, we introduced a fun maths activity. Each time Pete lost a button, the children removed a Velcro button from his shirt and counted how many buttons they had left.



New information about

SCHOLASTIC Book Clubs

Dear Parents,

Herewith your first Scholastic Book Club catalogue for 2019 **Scholastic Book Club** gives you the opportunity to purchase books for your child/children at great sale prices. **Please note there is no obligation to place an order.**

Each order placed helps earn free books and teaching materials for our school and classrooms.

You can place an order 1 of 2 ways

- **CASH ORDERS** - To pay with cash, simply complete the order form on the back of your Catalogue and return it with your cash payment/cheque in a secure ziplock bag or sealed envelope with your child's name and class clearly marked on the front and hand it to your Class Teacher or to the School Office.
- **ONLINE ORDERS** –**Sign-In or Register** and then **place** and **pay** for your order online with your credit card using **LOOP**. For instructions on how to use **LOOP**, please refer to the directions on the back of this letter.

We encourage all parents to use **LOOP**. **LOOP** allows you to key in your own Book Club orders and pay by credit card and your order is then linked to our School and Book Club Ordering Group. **If you are paying using LOOP there is no need to return your Catalogue Order Form to the school as we can track your order online.**

If you would like to participate, now with **LOOP**, ordering is easier than ever before! Just look over the Catalogue with your child and select the items you like.

If you require an order for a present and or want to keep it as a surprise just ring me and I can keep it aside on delivery and give you a ring to let you know it has arrived.

Information in relation to the closing date of the Issue and expected delivery date will be advertised in the School Newsletter (posted fortnightly) and outside each classroom door.

Delivery can be expected 2 weeks from the closing date and will be sent home with your child.

Sometimes Scholastic are unable to supply the ordered product and will give you a complimentary book plus a Voucher for the ordered amount to be used on the next Issue. Alternatively, if they have run out of stock they will place a 'Back Order'. When the Back Order arrives we will promptly send the ordered item/s home with your child.

Any cheques **will only be processed** and sent to Scholastic once all the orders have been received. This can take up to a month from placing your order.

Please note we only send out 1 issue per term and your continued support is greatly appreciated. If you have any queries please feel free to ring or to speak to me in the School Office.

Thanking you
Rose Caire
Book Club Co-ordinator

**CLOSING DATE FOR ISSUE 2
FRIDAY 22ND MARCH 2019
NO ORDERS WILL BE PROCESSED AFTER THIS DATE**

Book Club LOOP

LOOP is the Scholastic Book Club
Linked Online Ordering & Payment platform.

It's easy to order and pay online for your child's Book Club order
using your credit card. If your school is not yet in the **LOOP**,
speak with your school's Book Club Organiser.

Head to scholastic.com.au/LOOP

or



Follow these **easy** steps!

1 Simply grab your child's Book Club catalogue and either **SIGN-IN** or **REGISTER** your account.

2 Add your child's first name and last initial (so the school knows who the book is for), then select your **SCHOOL** and your **CHILD'S CLASS**.

Note: You can order for multiple children at once if they attend the same school.

Looking for **MORE** product information? Additional content such as videos and downloads are available for select titles. Select your issue and enter the item number to view information on titles and some great resources, such as videos and reviews.

[HOME](#) | [ABOUT](#) | [REGISTER](#) | [HELP](#)



LOOKING FOR MORE PRODUCT INFORMATION?

7

Item No.

FIND

3 Click on **ORDER** and enter the item number from the Book Club catalogue.

4 All orders are linked directly to the school for submission to Scholastic. Books will still be delivered to your child's classroom if you order by the close date.

That's it! There's no need to return paper order forms or payment receipt details to your school.

 SCHOLASTIC



We have been asked to advertise

SA Dental Service

Keep your kids smiling



Dental care is FREE for ALL babies, preschool and most children under 18 years at School Dental Service clinics.
The School Dental Service is a Child Dental Benefits Schedule provider.

Call us now for an appointment!

Your local clinic is: Parks School Dental Clinic
Phone: 8243 5629
www.sahealth.sa.gov.au/sadental



St Joseph's Old Scholars Annual Mass Sunday 7th April 2019 - 2.00 p.m..

Most have a connection with a Josephite School/College as a teacher/old scholar and/or with St. Mary MacKillop.

Please join us for Mass in St. Joseph's Convent Chapel, Kensington. Father George Nader our Priest.
Devonshire Afternoon Tea (\$5) will follow in Bethany (adjacent to the Chapel).

All welcome.



Gifted Awareness Week 2019 - 17th to 23rd March
BELONGING

Lesley Henderson will present this special Gifted Awareness Week 2019 session for teachers and parents at:

St Pius X School, 8 Windsor Grove, Windsor Gardens
Thursday 21st March 2019 from 4-5pm.

Proudly presented by:



Lesley Henderson is a Lecturer in Education at Flinders University, where she coordinates the Gifted Education specialisation. She is the president of the Australian Association for the Education of the Gifted and Talented (AAEGT), and a past president of GTCASA. Lesley has presented at local, national and international conferences and will complete her doctorate this year on leadership for professional learning about gifted education.

insights

There are better questions than 'How much screen time?'

by Martine Oglethorpe



'How much time should my child be allowed in front of a screen?' 'What about my five-year-old?' 'How long should I let my 13-year-old play Fortnite?' As a digital wellness and online safety expert, these are some of the questions I am most frequently asked.

They are certainly all relevant questions as parents fumble about trying to make rules and boundaries around their child's screen time habits. Obviously we all want to prevent the screen time obsessions we hear about in the media. We want to maintain a sense of control over our child's screen time habits.

As the digital world is far more complex and nuanced, our approach and questions need to mirror those complexities. We can certainly apply some time limits, and prescribe times when devices are not to be used. But it's wise to ask more pertinent questions to help us make more informed choices about the rules and boundaries we set up for our kids.

In particular, there are three important questions we should ask. These are:

1. 'What is my child doing with his or her screen?'

There's no point worrying about how long your child is on a screen if you have no idea what they are doing when they're on it. Handing a child a device without guidance can lead to a vast range of different experiences. One child might spend the time researching the dietary habits of a green tree frog, or learning how to make the best paper plane to fly with a younger sibling. Another might watch a funny cat video, or even watch hard-core pornography. These are vastly different ways to spend their time online.

2. 'What is the effect of the screens on my child?'

Is your child enjoying socialising online because it allows them deeper connections with their friends, provides them with support and gives them a sense of belonging? Alternatively, is he or she feeling excluded or being cyberbullied? A child's online experiences can help or hinder wellbeing. If online activities lead to tantrums when transitioning to offline tasks, or even aggression then it may be a sign that online use is having a negative impact.

3. 'What is my child missing out on?'

Children and teens benefit from involvement in a wide range activities so they can maintain optimum physical, social and emotional development. Spending time outdoors, enjoying active sports, connecting face-to-face with friends, sharing family meals, keeping up with homework and assisting with household chores are the types of activities that most experts agree are beneficial for children and young people. If the amount of time a child

parenting*ideas

spends on digital devices excludes him or her from these types of activities then it can be considered excessive. If this is the case, then it's reasonable to expect that, with your assistance, your child begins to place some limits on their screen use.

Digital devices present new challenges for parents to manage. As a result parents need to shift the focus away from simply managing a child's time to helping him or her successfully integrate screen use into their daily life in ways that support learning, development and wellbeing.



Martine Oglethorpe

Martine Oglethorpe is an accredited speaker with the Office of the eSafety Commissioner and has presented to numerous parent groups, schools and teachers. She is a speaker, counsellor and educator with a passion for building resilient kids in a digital world. Contact details: info@martineoglethorpe.com.au, themodernparent.net, facebook.com/themodernparent

If you are experiencing difficulty with the **SkoolBag App** we suggest that you follow these instructions below to reinstall the App.

Stay informed with the SkoolBag App



The SkoolBag app is the easiest way to stay up-to-date with school events, last minutes notices, newsletters and all school communications.

1

Download the app

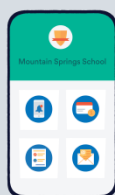
Search for the free SkoolBag app in the Apple App or Google Play Store



2

Create an account

Sign up in seconds with your email address



3

Add your school

Search for your school and add your subscription groups

SkoolBag 