



**ST. JOSEPH'S
SCHOOL**

HINDMARSH

FORTNIGHTLY *Newsletter*

Issue 1: 6TH FEBRUARY 2019



IMAGINE • DISCOVER • CREATE • ACHIEVE

Upcoming Events

FEBRUARY

TUESDAY 12TH COMMUNITY WELCOME—MEET THE
TEACHERS AT 6.00PM
SACRAMENT MEETING AT 7.00PM

SUNDAY 17TH COMMISSIONING MASS

MARCH

TUESDAY 5TH SHROVE TUESDAY
WEDNESDAY 6TH ASH WEDNESDAY MASS AT 9.00AM
MONDAY 11TH ADELAIDE CUP PUBLIC HOLIDAY
TUESDAY 12TH SWIMMING WEEK R-4
MONDAY 18TH ACQUATICS PROGRAM YRs 5-6
THURSDAY 21ST HARMONY DAY
FRIDAY 22ND ANTI-BULLYING DAY
TUESDAY 26TH LEARNING CONVERSATIONS
FRIDAY 29TH SCHOOL PHOTOGRAPHS

Some articles included are:

- Religious Education News including the Sacramental Program for 2019
- Welcome to our new students
- Meet and Greet Reply Slip
- News from the Leadership Team
- School Uniform
- Staff List
- Staff photograph identification
- Wrapper Free Wednesday
- 2019 Instrumental Program Reply Slip
- PE News
- Playgroup—Let's Play
- Dental Clinic
- Parent Seminar—Madonna King
- Top 5 Strategies to improve your parenting this year
- Marcelo Carrusca Football Academy

LEADERSHIP & OFFICE CONTACT DETAILS

Maria D'Aloia

mdaloia@sjsh.catholic.edu.au

Helen Clark

hclark@sjsh.catholic.edu.au

OFFICE: 8346 6569

OHSC: 0408 B809 107

info@sjsh.catholic.edu.au

www.sjsh.catholic.edu.au

Rita Garreffa

rgar@sjsh.catholic.edu.au

Danielle Hedges

dhad@sjsh.catholic.edu.au

56 Albemarle Street, West Hindmarsh 5007



PRESCHOOL

Brooke Alemu
Rehaan Arora
Ilias Boyaci
Xavier Bui
Nicolas Carrusca
Emilia Costello
Ava Dalese
Laleia Ferreira
Ruby Flavel
Esther Geo
Georgia Gray
Mason Lloyd
Dezee Margaritis
Zion Masika Mazalla
Juneus Mellejor
Georgia Napoli
Khai Nguyen
Annabelle Parisi
Taksh Paul
Taylor Pavli
Freya Peek
Amelia Pine
Hayden Polkinghorne
Alessia Ricchetti
Sofia Saad
Seth Sosnowski
Georgie Taylor
Logan Tobiassen
Evie Walton
Fletcher Williams
Max Wilson
Bibiana Wundersitzova

RECEPTION

Cameron Abraham
Indiana Burchell
Mateo Carna
Sienna Colagiovanni
Toby Costello
Bol Deng
Isaac Enwia
Italica Ferreira
Mahad Gillani
Ethan Hosseini
Hannah Joseph
Sophia Juros
Peter Karidis
Chelsea Kotlar
Vincent Ly
Lila Marunczak
Sadie Morris
Zev Papadopoulos
Lotye Parker
Sophie Petersen
Orlando Pollice
Auri Poulton
Gabrielle Read
Sienna Ricchetti
Gurfateh Singh
Sahib Singh
Clara Thomas-Trophines
Bailey Thompson
Elliott Walker
Alexander Zafry
Carter de Vries

YEAR LEVELS

Year 2
Sophie Bekkevold
Luca Carrusca
Year 3
Roshan Ramachandran
Year 4
Taylah Gray
Year 5
Jayan Ramachandran
Year 6
Jayden Bekkevold

Prayer for the beginning of a new school year



LORD JESUS,

We ask for Your help as we begin this new school year.

Allow us to experience Your presence in the many blessings You put before us.

Open our eyes to the new challenges and exciting opportunities that this new school year brings.

Open our heart and mind to new friends and new teachers.

Give us a generous spirit to be enthusiastic with our studies and courage to accept new opportunities.

Help us to be attentive to one another and let us experience Your presence in our new friends.

Jesus, inspire us to do our best this year!

AMEN

Religious Education News

Thank you to the St Joseph's Community for making me feel so welcome. I come to St Josephs after working most recently at St Martin de Porres at Sheidow Park. Prior to that I have worked in Port Pirie Diocese schools for over 10 years. I will be based in the office in my APRIM role on Mondays, Tuesdays and Wednesday mornings. I look forward to meeting as many of you as possible.

BEGINNING OF YEAR WELCOME MASS

Today we celebrated a Whole School welcome Mass to welcome our Receptions and new Staff and Students. Throughout the year classes will take turns to host individual Masses, these will generally be held here at school at 9am. Our next Whole School Mass will be on Ash Wednesday, on the 6th of March. All parents and friends are warmly welcome to attend and celebrate with us.

SACRAMENT PROGRAM 2019 (Sacred Heart Catholic Parish Hindmarsh-Findon)

We invite all parents from our parish community who wish to enquire about preparing your child/children for the sacraments of:



**Reconciliation *Confirmation *First Holy Communion (Eucharist)*

to a Parent's Information Session, facilitated by Kathy Horan:

"An introduction to the Sacraments of Initiation"

on Tuesday 12 February 2019 at 7pm

St Michael's College – Primary Campus in Founders Hall (Gym)

78 East Avenue, Beverley

Please **RSVP** before Friday 9 Feb 2019 E: shparish@sjsh.catholic.edu.au

For more details please contact Helen Clark (APRIM) hclark@sjsh.catholic.edu.au

SACRAMENT PREPARATION PROGRAM RETURN SLIP

We would like to be included in the Sacrament preparation program for 2019.

Child/ren's name: _____

Parent name and contact details: _____

Parent Signature: _____

Dear Parents and Caregivers.

Greetings and Welcome back! I hope that you have had a fabulous holiday and are now eager to commence another positive year of working in partnership with us to support the ongoing development and success of all students and the school community.

I have enjoyed visiting each class and have loved listening to the many and varied experiences the students have enjoyed during their summer holidays!

Students expressed how eager they are to reconnect with their friends, get to know their new teachers and of course immerse themselves in their learning!

It was also wonderful to see how well the new Preschool, Reception students and other new students to our school have settled in. The staff and I extend a warm St Joseph's welcome to our new students and their families.

The staff began the year by attending an event where all staff across all Catholic Schools and the Catholic Education Office came together to reflect on our work in carrying out the mission of the church in our schools, and where together in partnership with families help to nurture 'thriving people, capable learners, leaders for the world God desires.'

The Leading learning Framework—the vision for CESA Schools is represented below:



Teachers also participated in an 'Inquiry Learning' workshop facilitated by highly acclaimed educational consultant, Kath Murdoch who inspired us to unpack the curriculum in an integrative way, and to focus on 'concepts' rather than 'content' to encourage 'deeper' learning. This day complemented the work undertaken in previous years with Mark Treadwell.

"Being an inquiry teacher means more than being able to design tasks within a cycle of inquiry or inviting students to ask and pursue problems and questions. Inquiry comes from a deeper commitment to reflective, process-oriented learning. The inquirer (both teacher and learner) sees themselves and their learning as a 'work in progress'. They are driven by the desire not to simply accumulate or conquer a body of knowledge but to make meaning of the every-changing knowledge landscape of which we are part. This includes acquiring knowledge, but it is understanding that is the ultimate quest."

This will continue to be a focus this year. Other initiatives are outlined in the Annual School Improvement Plan which is enclosed with this newsletter.

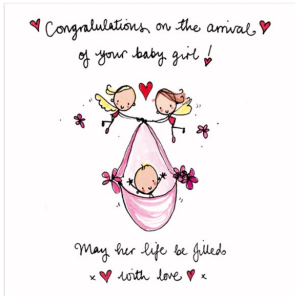
STAFF NEWS

Please join me in extending a warm St Joseph's welcome to new staff;

Catherine Bendys, Robert Care, Helen Clark, Cristian Morgado, and Kathryn Thomson.

We warmly welcome back Rita Campbell to St Joseph's.

A complete staff list is included with the newsletter, along with photo identification of staff members.



Congratulations to Bec and Tom on the birth of their beautiful baby girl, Dulcie. A gorgeous sister for Sadie and Nellie.

May you all be blessed with love and happiness as you journey through life together.

BUILDING UPDATE

Building works are progressing to plan. Each site inspection fills me with excitement as the plans come to fruition. It will be a wonderful place to learn and interact!

CATHOLIC CHURCH INSURANCES

We aim to ensure that our school is well maintained and complies with all regulations. Even so, accidents do occur on occasion. Our school does provide 'School Care' accident insurance for all students who attend our school. Please collect your brochure from the school office.

MEET & GREET EVENING—TUESDAY 12 FEBRUARY 2019

There will be an opportunity to meet all the staff at an informal gathering on Tuesday 12 February commencing at 6:00 pm with a short report outlining the achievements of 2018 Annual Improvement Plan @ 6:15. For catering purposes can you please indicate whether you will be attending by returning the reply slip by Monday 11th February.

MEET AND GREET EVENING REPLY SLIP—TUESDAY 12 FEBRUARY—6.00PM

ELDEST CHILD'S NAME: _____

ELDEST CHILD'S CLASS: _____

We will be attending the Meet and Greet the 2019 Staff of St Joseph's.

NUMBER OF ADULTS ATTENDING: _____

NUMBER OF CHILDREN ATTENDING: _____

Join us for
Drinks
AND
NIBBLES

MEET
and
GREET

SCHOOL CROSSING—ALBEMARLE STREET

You would have noticed that the Emu Crossing is almost complete! Year 5 & 6 students have been trained and we are now awaiting permission notices to be returned. Once all this has been completed a roster will be developed with traffic monitors assisting on the crossing.

Please refer to the information distributed last week outlining the rules of an emu crossing. Please **DO NOT** undertake 3 point turns near the kiss and drop area. Please note that council infringement officers will be patrolling the area regularly and infringement notices will be issued when vehicles are not following the rules.

GRANGE ROAD CROSSING

The School Board has for many years been advocating for a red light / speed camera on the Grange Road crossing. I am pleased to inform you that this has been approved. I'm unsure when this will be installed and will keep you informed as I receive information.

I have spoken to Mr Peter Malinauskas – local member for Croydon and leader of the Opposition and thanked him for his support with this initiative. You may recall there have been a number of near misses in recent years, where vehicles have failed to stop hence the reason why staff now supervise the crossing.



I would like to take the opportunity of thanking past parent and School Board Member, Tess Ryan and current parent Sophia Vozzo for their ongoing advocacy, making regular contact with the appropriate authorities to ensure that the safety of our school community is prioritised.

Their efforts should be acknowledged and recognised. **Thank you!**

CHESS CLUB

When our new building is completed we are looking to set up a CHESS CLUB. We have a number of students who have asked for this to be set up. We are looking for any interested parents who may like to be involved with our students at lunchtime assisting with the games. If you would like to be involved can you please let us know at the front office.

SCHOOL UNIFORM

The School Board continues to endorse the importance of maintaining a high standard in wearing the uniform. It is important to develop in our students a feeling of pride in themselves and their school, and a sense of personal tidiness and cleanliness. Our School uniform presents an identity and a public image to the wider community. Please note that when you enrol your child/ren at St Joseph's School you agree to accept the School standards with regard to grooming, uniform and personal presentation. Parents are therefore asked to ensure that students wear the correct uniform each day, including school socks, school bag and hat. If you require a copy of the uniform expectations relating to hair accessories, jewellery and appropriate shoes please request a copy at the school office.

Information about the new uniform is displayed on the following page.

The staff and I look forward to another positive year where together we witness the growth, development and success of each and every child.

Let us work in collaborative partnership to ensure that St Joseph's Catholic School,

A Faith Community

Inspired by Love.....

Empowered through Learning does make a difference and where our mission and motto:

In all things love underpins all that transpires throughout the year, in word, deed and action.

God Bless

Maria D'Aloia on behalf of the leadership team.

Helen Clark (APRIM / Primary Years Co-ordinator)

Rita Garreffa (Assistant to the Principal Teaching & Learning /Early Years Co-ordinator)

The Staff List for 2019 is as follows:

Parish Priest:	Father Bill Brady
Principal:	Maria D'Aloia
Assistant to the Principal / Curriculum Co-ordinator	Rita Garreffa - Thursday and Friday
APRIM/Student Wellbeing:	Helen Clark (Monday, Tuesday and Wednesday am)
Inclusive Education Co-ordinator:	Rita Garreffa and Maria D'Aloia
Literacy Co-ordinator (including EAL support):	Kay Carmody
ICT Co-ordinator	Kathleen Melis
Italian	Rita Campbell -
Music/Choir & Band	Catherine Jones—Monday & Tuesday Kathryn Thomson—Friday <i>Reception -Year 32</i>
Physical Education	Cristian Morgado
Pre-School	Teachers: Cate Halbert / Kara Wodson (Monday fortnightly) ESOs: Melissa Carlin-Smith and Catherine Bendys
Reception	Vanessa Morelli
Reception	Therese Slattery
Year 1/2	Rita Garreffa (Monday – Wednesday) Kelly Morgan (Thursday – Friday)
Year 1/2R	Cadia Rosato
Year 1/ 2C	Diana Comitogianni
Year 3 TDP	Melissa Thom / Antoinette Di Paolo (Wednesday)
Year 3 /4 MDP	Kathleen Melis/ Antoinette Di Paolo (Tuesday)
Year 4C	Helen Carter
Year 5 TC	Jessica Taormina (Monday & Tuesday and Wednesday am) Helen Clark (Thursday & Friday and Wednesday pm)
Year 5/6D	Danielle Dedic
Year 6 C	Robert Care
Bursar	Dawn Saleeba
Student Services Officer:	Rose Caire
Registrar /Principal PA	Judith Bowden
WH& S Coordinator	Denise Tarrant
Tuckshop	Helena Kojevnikoff/ Maria Fiorenza (Wednesdays)
School Counsellor	Ruby Lai
Groundsperson	Bruce Ramsay
Sustainability Coordinator	Deidre Knight
Education Support Officers:	Curriculum Denise Tarrant Sue Ciampi Maria Apostolou
OHSC:	Mirca Bray – Director
Vacation Care Co-ordinator:	Cassandra Dillion



OHSC STAFF

Weronika Bialek
Muluwork Bogale
Nicholas Kostantakis
Nicholas Krznaric
Corey Mancini
Erin McCullum (Vacation Care)
Ashleigh Taplin
Daniel Hayesman

ST JOSEPH'S SCHOOL STAFF 2019

<p>Maria Apostolou</p> 	<p>Catherine Bendys</p> 	<p>Judith Bowden</p> 	<p>Rose Caire</p> 	<p>Rita Campbell</p> 	<p>Robert Care</p> 
<p>Melissa Carlin-Smith</p> 	<p>Kay Carmody</p> 	<p>Helen Carter</p> 	<p>Sue Ciampi</p> 	<p>Helen Clark</p> 	<p>Diana Comitogianni</p> 
<p>Maria D'Aloia</p> 	<p>Danielle Dedic</p> 	<p>Antoinette Di Paolo</p> 	<p>Maria Fiorenza</p> 	<p>Emma Gill</p> 	<p>Rita Garreffa</p> 
<p>Cate Halbert</p> 	<p>Catherine Jones</p> 	<p>Deidre Knight</p> 	<p>Helena Kojevnikoff</p> 	<p>Kathleen Melis</p> 	<p>Vanessa Morelli</p> 
<p>Cristian Morgado</p> 	<p>Kelly Morgan</p> 	<p>Cadia Rosato</p> 	<p>Dawn Saleeba</p> 	<p>Therese Slattery</p> 	<p>Jessica Taormina</p> 
<p>Denise Tarrant</p> 	<p>Melissa Thom</p> 	<p>Kathryn Thomson</p> 	<p>Kara Wodson</p> 	<p>Ruby Lai</p> 	<p>ABSENT Bryce Ramsay</p>
<p>OSHC & VACATION CARE</p>	<p>Muluwork Bogale</p> 	<p>Mirca Bray</p> 	<p>Nicholas Krzrnaric</p> 	<p>ABSENT Weronika Bialek Cassandra Dillon Nicholas Kostantakis</p>	<p>Corey Mancini Erin McCullum Ashleigh Taplin Daniel Hayesman</p>

Boys Summer Uniform

Terms 1 & 4

- Shirt** Unisex plain thin blue stripe short, sleeve Jack shirt with school emblem
- Shorts** Light grey shorts with elastic back
- Socks** Grey ankle length
- Shoes** Black lace up school shoes
- Sandals** Black 'closed in' toe leather sandals
- Hat** Navy microfibre bucket hat with school emblem (Compulsory when students are outside)
- Jumper** Pullover in navy with school emblem



Girls Summer Uniform

Terms 1 & 4

- Dress** Valetta dress with dark, navy corded piping with school emblem
- Socks** Plain white ankle length socks (anklet socks are not permitted)
- Shoes** Black lace up school shoes
- Sandals** Black closed toe
- Hat** Navy microfibre bucket hat with school emblem (Compulsory when students are outside)
- Jumper** Pullover in navy with school emblem
- Accessories** Summer uniform fabric scrunchies, headband, blue and navy ribbons.



NEW INFORMATION ON NEW UNIFORM ITEMS

St Joseph's will be introducing a SKORT for the girl's uniform later this term. This can be worn with a short sleeve, soft blue chambray shirt with school emblem. All these items will be available at the Vinnies Uniform Shop.

More details about ordering these items will be available later when it has all been finalised.

Sport Uniform

Students wear the sports uniform to school on the day of their Physical Education lesson. Teachers will inform students and parents which day of the week this is.

Correct school uniform is to be worn every other day. Sandshoes (sneakers) must not be worn to, at and from school except with the sports uniform. Students may change into their sports shoes during the day for daily fitness, play or sports training if required. Items from the sports uniform are not to be worn with the formal uniform and vice versa.

Boys' & Girls' Sport Uniform

All Year

Rugby Top Junior navy rugby top with sky, white and gold with school emblem

Trackpants Nylon cotton fleece straight leg track pants with St Joseph's Hindmarsh embroidered

Shorts Navy shorts with gold flat piping with school emblem

Polo Top Sports short sleeve shirt with school emblem

Socks Sport socks with school logo

Sandshoes White or predominately white/navy

Hat Navy microfiber bucket hat with school emblem (Compulsory when students are outside)

School Hat Policy

No Hat - Shaded Play Policy

The wearing of a school hat is compulsory and is to be worn all year round when Students are outdoors. Students are strongly encouraged to apply sunscreen in the morning.

Volunteers at the school and on official school excursions are encouraged to wear hats for sun protection.

Other Items

Jacket Junior navy long sleeve jacket with sky, white and gold with school emblem

Bag Navy school bag with school emblem 23 litre and 34 litre



Wrapper Free Wednesday is BACK

TAKE GOOD CARE OF CREATION. ST. FRANCIS WANTED THAT. PEOPLE OCCASIONALLY FORGIVE, BUT NATURE NEVER DOES. IF WE DON'T TAKE CARE OF THE ENVIRONMENT, THERE'S NO WAY OF GETTING AROUND IT." POPE FRANCIS

Wrapper Free Wednesday is BACK!

Dear Community,

St Joseph's School is committed to caring for all creation and that includes **REDUCING** landfill.

Every Wednesday children are asked to pack their lunches with re-usable containers.

That means **NO** ziplock bags, **NO** packets and **NO** cling film or foil



The poster is titled "Wipe out Waste" and "Pack waste free food!". It features a recycling symbol and a "WOW" logo. Below the title, it states: "Did you know that up to 50% of items in school/preschool bins come from food and drink packaging is brought from home?". The poster is divided into two sections: "Pack" and "Avoid". The "Pack" section includes a list of items to use: "Snacks in reusable containers", "Drinks in a reusable bottle", "Reusable utensils when needed", and "A reusable lunchbox or backpack". The "Avoid" section includes a list of items to avoid: "Lunches packed in plastic bags, cling film or foil", "Disposable drink boxes, cans, cartons and bottles", "Disposable forks and spoons", and "Pre-packaged lunches or single serve items". The poster also features a circular diagram with "Community", "Action", and "School" around a globe, and logos for the Government of South Australia and KESAB.

Wipe out Waste

Pack waste free food!

Did you know that up to 50% of items in school/preschool bins come from food and drink packaging is brought from home?

Pack

- Snacks in reusable containers
- Drinks in a reusable bottle
- Reusable utensils when needed
- A reusable lunchbox or backpack

Avoid

- Lunches packed in plastic bags, cling film or foil
- Disposable drink boxes, cans, cartons and bottles
- Disposable forks and spoons
- Pre-packaged lunches or single serve items

Starting in Week 3 children will be counting the waste that comes to school in lunchboxes and acknowledging those classes that are the **WASTE FREE WARRIORS**.

Any packaging will be sent home.

Please follow the link for Nude Food recipes that are easy to make and pack for snacks. <http://www.wow.sa.gov.au/nude-food.html>

Thank-you for your support.

St Joseph's Guardians of Creation

2019 Instrumental Program

*** PLEASE FILL IN THE FORM BELOW AND RETURN TO THE FRONT OFFICE AS SOON AS POSSIBLE ***

If your child would like to continue or begin Instrumental lessons in 2019 they will need to fill in the form below and return it to the school office urgently to be included.

Students continuing lessons will still need to complete a form

INSTRUMENTAL FORM

The cost for this tuition in 2019 will be \$28.50 per half hour. The payment must be forwarded directly to the tutors providing the service by Week 2 of each term.

If you do not already have an instrument, they are able to be hired from **dB Music Solutions**. The school will oversee hire and invoicing of instruments. The cost of hiring an instrument per semester (including holidays), is as follows:

ALTO SAXOPHONE \$135	TROMBONE \$65	TRUMPET \$65	CLARINET \$65
PIANO KEYBOARD \$50	FLUTE \$65	VIOLIN \$45	CELLO \$100
ELECTRIC GUITAR & AMP \$70	FRENCH HORN \$185	ACOUSTIC GUITAR \$45	

****PLEASE NOTE: A condition of hire is that all student must pay for and complete a full semester (two terms) of instrumental tuition once the term has begun.**

INSTRUMENT LESSONS SEMESTER 1 (TERMS 1 AND 2)

My child _____ in class

- wishes to commence tuition in _____ (name of instrument) OR
 wishes to continue in _____ (name of instrument)

I require an instrument for hire: YES / NO (please circle)

- I give my permission to pass on my personal details below to the private tutors for billing purposes.
 I have read and accept the conditions of learning (as attached)

Parent/Caregiver full name: _____

Phone number: _____ Email: _____

Signed: (parent/caregiver) _____ Dated: _____

INSTRUMENTAL EVENING 2018

On Wednesday 28th November, 2018 Instrumental Students showcased their incredible talents at a Concert in the school hall. Every student that performed did an amazing job and should be very proud of their bravery and professionalism to play so beautifully in front of a packed out audience of supportive friends, family and teachers. The dramatic improvement in their playing since last semester's Concert is a massive credit to our dedicated tutors; Alana, Ken, Jake, Carly, George and Frank.

Well done everyone!





2019

St. Joseph's School

Instrumental Program

Conditions Of Learning

Welcome to St. Joseph's Instrumental Program! To ensure the smooth running of the program it is essential that everyone is familiar with the Conditions of Learning.

These conditions have been devised for everyone's benefit. We ask that if you have any queries you direct them to the tutor concerned or to me.

We hope that your child enjoys learning the instrument of their choice.

TUITION

1. Tuition will be given by the term, with a minimum of eight lessons per term, except where public holidays make this impractical.
2. Lessons will be half hour duration.
3. If you decide to withdraw your child from lessons it **must only happen at the end of the term**. Written notification must be made to the instrumental teacher concerned, at least 2 weeks prior to the end of that term.

FEES

1. Accounts for lessons are issued by the tutors and are payable to the tutors directly. Please make sure that cheques are made payable **to the tutor**.
2. Fees are to be paid **by the second lesson** of a term. The instrumental teacher will follow up with parents if an account is not paid. Failure to pay fees by the due date cannot guarantee continuation of lessons.
3. Fees for 2019 have been set at \$28.50 per half hour of tuition.

HIRE OF INSTRUMENTS

1. Instruments are able to be hired from **dB Music Solutions**. The school will oversee hire and invoicing of instruments. The cost of hiring an instrument per term including holidays, (including Christmas holidays for continuing students) for 2019 is as follows;

Alto Saxophone \$135

Trumpet \$65

Flute \$65

Violin \$45

Acoustic Guitar \$45

French Horn \$185

Trombone \$65

Clarinet \$65

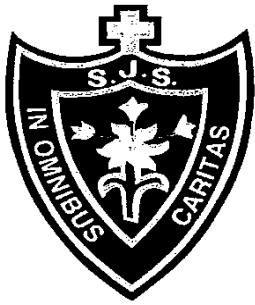
Piano Keyboard \$50

Cello \$100

Electric Guitar and Amp \$70

Once a hire instrument is in possession of the student, it is essential that it is cared for at home and only used as guided by the instrumental tutor. Any damage to the instrument whilst in the students' possession will need to be compensated.

2. Invoices will be sent out at the beginning of each term.



2019
St. Joseph's School
Instrumental Program
Conditions Of Learning

ABSENTEEISM

1. If students are absent on the day of their lesson, **the tutor must be notified.**
2. If the tutor is not notified that the student will be away, the lesson will **not be made up or money returned.** It is important to be aware that the lesson time has been booked for your child.
3. If students are going on an excursion/holiday on the day of their lesson, the tutor must be notified **at least two days** before the lesson. If prior notification is given, that lesson will be rearranged where possible.
4. If the tutor is away, lessons will be either made up or credited.

THE MUSIC TIMETABLE

1. The timetable will be dependent on the tutors' availability. Consideration to specialist lessons such as Italian, Music & Physical Education will be given.

GRIEVANCE PROCEDURES

Grievance procedures for Instrumental Teachers if payment is not made on time:

1. Stop teaching the students and contact the parent by phone.
2. Contact the parent again in writing.
3. Ask the Music Coordinator to contact the parents.
4. Take the matter up with a debt collector.

Grievance procedures for Parents who are unhappy about an Instrumental teacher:

1. Contact the teacher immediately to discuss the concern.
2. Contact the teacher again in writing.
3. Discuss the concern with the Music Coordinator.

We look forward to having your child be part of our Instrumental Program!

Mrs. Catherine Jones
cjon@sjsh.catholic.edu.au
Music Coordinator

Physical Education News

There are lots of opportunities for After School Sport again in 2019! Our After School Sports are run by parent volunteers so please consider becoming a volunteer coach, assistant coach or team manager, You do not need to have prior experience or expertise, just be willing to support the students to get out and have fun! You will need to have completed your Volunteer Pack with the front office and have received all the appropriate clearances.

Today I am sending you home the options for After School Sport that are offered at St Joseph's. Look out for a Sports Nomination Form which will be sent out in the next week.

NETBALL: (Year 2-6)

After school on a weekday, details are still to be decided, but hopefully we will be up and running by Week 3/4.

BASKETBALL (Years 2-6)

We are currently looking at changing Basketball completion to St Clair. Competition starts on Tuesday 19th February at 4.00pm. More information will be given in the next few weeks.

TENNIS: (Reception–Year 3)

'Hot Shots' tennis coaching is being offered at St Joseph's Primary School. Coaching will be on Tuesday nights from 3:15 to 4.00pm commencing February 12th 2019. Notes were sent home last week.

CRICKET:

'Cricket Blast' will be setting up registrations for Term 1 Week 3 on Wednesdays for 6 weeks starting at 3.20pm–4.20pm. More information will be provided in the next few days.

SOCCER:

Saturday mornings in Term 2 & 3 at St Clair

SAPSASA SWIMMING CARNIVAL

Held on Wednesday 6th March 2019

SACPSSA SWIMMING CARNIVAL

Will be held on Tuesday 12th March 2019



I look forward to a wonderful year in sport. Please contact me if you have any queries or if you would like to assist as a volunteer with one of the teams.

Kind Regards,

Cristian Morgado - PE Teacher

cmor@sjsh.catholic.edu.au

St Joseph's Hindmarsh

let's
play



Playgroup
Every Wednesday
9am - 10.30am

Please bring a piece of fruit to share

Follow us on Instagram
@letsplay_playgroup



We have been asked to advertise

SA Dental Service

Keep your kids smiling



Dental care is FREE for ALL babies, preschool and most children under 18 years at School Dental Service clinics.
The School Dental Service is a Child Dental Benefits Schedule provider.

Call us now for an appointment!

Your local clinic is: Parks School Dental Clinic
Phone: 8243 5629

www.sahealth.sa.gov.au/sadental

PARENT SEMINAR

Parents in Partnership Evening presented by award-winning journalist, author and commentator **Madonna King**. Based on extensive research, King will provide valuable insight into the social, psychological and physical challenges every teenage girl is facing today. She gives teen girls a voice. "It's your daughter, talking to you. And her hope, beyond anything, is that you will listen." King will empower you with strategies to help strengthen your relationship with your daughter.

MADONNA KING

Wednesday
20 February, 7pm

OLSH
College Hall

The parent seminar will take place on **Wednesday 20 February, 7:00pm** in the OLSH College Hall.

Tickets are available via: www.trybooking.com/BANPT



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insights

Top five strategies to improve your parenting this year

by Michael Grose



The start of the year is a great time for making changes and improvements to the way you raise kids. But it's difficult to know where to begin.

To assist with the change process we've carefully selected five practical strategies that will have a positive impact if acted upon. We've organised webinars in the first half of the year to assist you to implement each strategy.

1. Switch on your child's strengths

Most of us have been conditioned to focus on what kids can't do. There is a better way. The Positive Psychology movement led by US-based psychologist Dr. Martin Seligman showed that when we can unearth kids' strengths we are, in effect, unlocking their true potential for success and happiness. Three elements come together to make a strength and parents need to be mindful of all three: performance (being good at something); energy (feeling good doing it); and high use (choosing to do it).

Professor Lea Waters, author of the wonderful new book *The Strength Switch* and current President of the [International Positive Psychology Association](#) will show you how to focus on kids' strengths in her webinar 'Switching on your child's strengths'.

2. Balance kids' extra-curriculum activities

Alongside social media and news events, being busy is now recognised as a major stressor for many children and young people. The choice of activities to keep kids busy after school hours is mind-boggling.

Having so many options is wonderful but it does place a new set of pressures on parents and kids. The cost of loading kids up with scheduled activities is that many don't get the chance for free play, or simply 'vegging out' on the couch.

Parenting Ideas expert [Dr. Jodi Richardson](#) will help you find the right balance of activity for your family in her webinar 'Balancing extra-curricular activities'.

3. Focus on friendships

Friendships are an important part of the road to adulthood for a child or young person. Friendships can also be

problematic. Not every child is naturally outgoing and makes friends easily. If your child has difficulty forming friendships and is worried by that, then there are many ways to approach this including: encouraging kids to spend one-on-one time with others, making extra-curricular activities fit their interests, and coaching kids to develop friendly behaviours.

The wonderful [Sharon Witt](#) will conduct a webinar 'Teach girls to build each other up', focusing on friendship skills especially for parents of girls.

4. Give kids tools to manage anxious moments

Currently we have a childhood anxiety problem. A big one! And it's mostly undetected as community understanding of anxiety is low. It's our experience at Parenting Ideas that many parents are anxious and they don't know it, and many children routinely experience anxiety, which goes unrecognised.

Parenting Ideas founder Michael Grose is conducting a webinar 'Managing your child's anxiety' to help parents on this challenging but important topic.

5. Develop rights of passage

Community changes have largely eradicated many traditional rights of passage, making it harder for a young person to know when they've become an adult.

Fortunately, many families are now creating their own to mark events such as the end of primary school, the move into the teenage years, and mark different stages of adolescence. These traditions are now becoming legitimate rights of passage for young people.

Internationally recognised expert on rites of passage Arne Rubenstein will outline practical ways you can recognise a young person's important life markers in his webinar 'Creating 21st century rites of passage'.

Will anything be different this year?

Change and improvement in anything worthwhile generally comes incrementally rather than in one giant leap. We've pointed you in the right parenting to take this year. With our webinars we've made it easy to take that vital first step. Have a great parenting year.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World and Last Borns Want to Change It*, and his latest release *Spooned Generation: How to raise independent children*.

If you are experiencing difficulty with the **SkoolBag App** we suggest that you follow these instructions below to reinstall the App.

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